



## 2009 All-Centennial Conference Men's Basketball

FEBRUARY 24, 2009  
 563 College Avenue, B-101, Lancaster, PA 17603  
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[www.centennial.org/basketball/men/](http://www.centennial.org/basketball/men/)

### First Team

Pos / Name	Cl	Ht	Hometown / High School
G-John Noonan, Ursinus *	Sr	6-5	Havertown, PA / Friends Select
G-Kizmahr Grell, Dickinson #	Sr	6-0	Laurelton, NY / The Gunnery, CT
G-Georgio Milligan, Franklin & Marshall	Fr	6-2	Spring Valley, NY / Don Bosco Prep, NJ
F-Andrew Powers, Gettysburg #	So	6-6	Boyertown, PA / Boyertown
F-James McNally, Franklin & Marshall	So	6-6	Bridgewater, NJ / Bridgewater-Raritan

### Second Team

Pos / Name	Cl	Ht	Hometown / High School
G-Dan Capkin, Gettysburg (A) +	Sr	6-2	Wynnewood, PA / Lower Merion
G-Tim Kohlrus, Washington %	Sr	6-3	Fairfax, VA / W.T. Woodson
G-Miguel Jones, McDaniel	Jr	6-1	Baltimore, MD / North County
F-Peter Barnes, Muhlenberg	Jr	6-9	Haddonfield, NJ / Haddonfield Memorial
F-Josh McKay, McDaniel	Sr	6-8	Baltimore, MD / Eastern Tech

### Honorable Mention

Pos / Name	Cl	Ht	Hometown / High School
G-Greg Rosnick, Haverford (A)	Sr	6-0	Langhorne, PA / Neshaminy
G-Remy Cousart, Ursinus %	Jr	6-2	Philadelphia, PA / Holy Ghost Prep
F-Tom Leszczynski, Dickinson #	Sr	6-10	West Babylon, NY / St. Anthony's
F-Ryan Foster, Muhlenberg	Jr	6-6	Newtown, PA / Council Rock North
F-Andrew Chambers, Washington	Jr	6-0	Williamsport, MD / St. Maria Goretti
F-Spencer Liddic, Muhlenberg	Fr	6-5	Clarks Summit, PA / Abington Heights

- + 1st team All-Centennial in 2007 and 2008
- \* 1st team All-Centennial in 2008
- # 2nd team All-Centennial in 2008
- % Honorable Mention All-Centennial in 2008
- (A) Named to 2009 Conference Academic Honor Roll

**Player of the Year** – Andrew Powers, Gettysburg, So., F

**Coach of the Year** – Kevin Curley, McDaniel

### Notes

- Powers is the first Gettysburg player to earn Conference Player of the Year honors. A second-team All-CC selection as a freshman, he is just the second sophomore to receive the award, joining Franklin & Marshall's Alex Kraft (2000).
- Noonan is a repeater from the 2008 first team, while Grell moves up from the second team.
- Milligan becomes the first freshman in the 16-year history of the Conference to earn first-team All-Centennial honors. Ursinus' Rich Barrett (1998), Franklin & Marshall's Alex Kraft (1999) and Gettysburg's Andrew Powers (2008) are the only three freshmen to receive second-team laurels. He is the seventh freshman named to the All-CC team.
- Liddic is just the eighth freshman to be selected to the All-Centennial team
- Franklin & Marshall (19) has the most first-team selections in the 16-year history of the Conference, followed by Ursinus (16), Johns Hopkins (11), Gettysburg (11), Muhlenberg (11), Washington (4), Dickinson (3), Haverford (3), Swarthmore (3) and McDaniel (2).
- Two students were also named to the Conference Academic Honor Roll, which recognizes sophomores, junior and seniors who are key performers and have a 3.40 cumulative grade point average or higher.

**Centennial Conference Players of the Year**

1994: Dave Jannetta, Franklin & Marshall, Jr., G  
1995: Dave Jannetta, Franklin & Marshall, Sr., G  
1996: Jeremiah Henry, Franklin & Marshall, Sr., G  
1997: Matt Gorman, Johns Hopkins, Sr., C  
1998: Greg Roehrig, Johns Hopkins, Sr., F  
1999: Joel Wertman, Johns Hopkins, Jr., F  
2000: Alex Kraft, Franklin & Marshall, So., F  
2001: Alex Kraft, Franklin & Marshall, Jr., F  
Rich Barrett, Ursinus, Sr., F  
2002: Mark Lesko, Muhlenberg, Sr., C  
2003: Dan Luciano, Ursinus, Sr., C  
2004: Dennis Stanton, Ursinus, Sr., G  
2005: Mike McGarvey, Ursinus, Jr., G  
2006: Mike McGarvey, Ursinus, Sr., G  
2007: Nick Shattuck, Ursinus, Jr., G  
2008: Nick Shattuck, Ursinus, Sr., F  
2009: Andrew Powers, Gettysburg, So., F

**Three-Time First-Team All-Centennial Selections (3)**

Richie Barrett, Ursinus, 1999-00-01  
Mark Lesko, Muhlenberg, 2000-01-02  
Nick Shattuck, Ursinus, 2006-07-08

**First-Team All-Conference Freshmen (1)**

Georgio Milligan, Franklin & Marshall, 2009

**Second-Team All-Conference Freshmen (3)**

Rich Barrett, Ursinus, 1998  
Alex Kraft, Franklin & Marshall, 1999  
Andrew Powers, Gettysburg, 2008

**Honorable Mention All-Conference Freshman (4)**

Greg Roehrig, Johns Hopkins, 1995  
Danny Nawrocki, Johns Hopkins, 2004  
Jeff Stewart, Muhlenberg, 2004  
Spencer Liddic, Muhlenberg, 2009