



Indoor Track & Field 2009

RELEASE #5

February 3, 2009

Centennial Head Coaches

Bryn Mawr..... Dan Talbot
 Dickinson..... Don Nichter
 Franklin & Marshall..... Carl Schabel
 Gettysburg..... Steve Shutt
 Haverford..... Tom Donnelly (M)
 Fran Rizzo (W)
 Johns Hopkins..... Bobby Van Allen
 McDaniel..... Doug Renner
 Muhlenberg..... Brad Hackett
 Swarthmore..... Pete Carroll
 Ursinus..... Chris Bayless

Sports Information Contacts

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 Johns Hopkins..... Carrie Shaw
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 Swarthmore..... Kyle Leach
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Previous Centennial Champions

Men

1993-2007: Haverford

Women

1993: Haverford
 1994: Gettysburg
 1995-96: Haverford
 1997-98: Dickinson
 1999: Western Maryland (now McDaniel)
 2000-07: Dickinson

National Champions

2001: J.B. Haglund, Haverford (24:16.0)

MEN'S ATHLETE OF THE WEEK

Travis Youngs, Ursinus (Jr, Mount Vernon, NJ / Mercersburg Academy) - Youngs set a record in the triple jump with a mark of 47-02.50, winning the event on Saturday at the McElligott Invitational hosted by Haverford College.

HONOR ROLL

Ryan Daniel, Dickinson (Sr, Ocean City, MD /Emmaus HS, PA)
Ryan Bell, Franklin & Marshall (So, Pittsburgh, PA / Mt. Lebanon)
Steven Papuchis, Gettysburg (Sr, Myersville, MD / Middletown)
Tim Schoch, Haverford (Fr, Bloomington, IN / Bloomington North)
Adam Waddell, Johns Hopkins (Sr, Altoona, PA / Altoona)
Rob Kelvey, McDaniel (Jr, Westminster, MD / Westminster)
Peter Rice, Muhlenberg (Fr, West Roxbury, MA / Boston Latin School)

LAST WEEK'S RESULTS

J28 Gettysburg at Ursinus Pentathlon – non-team scoring
 J30 Dickinson at Bucknell Open – non-team scoring
 Muhlenberg Invitational – non-team scoring
 J31 Gettysburg, McDaniel at Dickinson
 DeCharme Invitational – non-team scoring
 Swarthmore, Ursinus at Haverford
 McElligott Invitational – non-team scoring
 F&M at Lebanon Valley Invite
 F&M at Delaware Invitational – non-team scoring
 Johns Hopkins at Patriot Games – non-team scoring

THIS WEEK'S SCHEDULE

F7 Dickinson, McDaniel at Susquehanna
 Invitational
 Gettysburg, Johns Hopkins at Ursinus
 Colden Invitational
 Muhlenberg at East Stroudsburg
 DeSchriver Invitational
 Swarthmore at Widener Invitational
 F9 Haverford Quad Meet

WOMEN'S Co-ATHELTE OF THE WEEK

Alyssa Catalano, Franklin & Marshall (Sr, Selinsgrove, PA / Selinsgrove) - Catalano recorded the top national mark for Division III with 16.77m in the weight throw and set a new fieldhouse record at the Arnold Sports Center at the Lebanon Valley Invitational on Saturday. Catalano posted a mark of 55-0 to take first in the weight throw and shattered the 10-year old record of 48-07.25 set in 1999. The senior scored 18 of the squad's 45 points on the afternoon. Catalano also placed second in the shot put, hitting the mark of 37-01.

Jessie Belden, Haverford (Sr, Brookfield, CT) - Belden passed the provisional qualifying standard for the NCAA championship with her winning point total of 3,478 at the Ursinus Pentathlon on Wednesday evening. Not only did she pass the mark for the national championship, but she scored the most points of any pentathlete in the country this season. Her mark of 5.42m (17-9) in the long jump broke her own school record.

HONOR ROLL

Jasmine Ford, Dickinson (Fr, Frederick, MD / Thomas Johnson)
Vanessa Pabon, Gettysburg (Jr, New Oxford, PA / New Oxford)
Laura Paulsen, Johns Hopkins (Jr, Lutherville, MD / Bryn Mawr)
Lindsay Wilson, McDaniel (So, Catonsville, MD / Seton Keough)
Alex Faust, Muhlenberg (Jr, Green Lane, PA / St. Pius X)
Kenyetta Givans, Swarthmore (Fr, Conshohocken, PA / Plymouth-Whitemarsh)
Christa Johnson, Ursinus (Sr, W. Berlin, NJ / Bishop Eustace Prep)

LAST WEEK'S RESULTS

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 J30 Dickinson at Bucknell Open – non-team scoring
 Muhlenberg Invitational – non-team scoring
 J31 Gettysburg, McDaniel at Dickinson
 DeCharme Invitational – non-team scoring
 Bryn Mawr, Swarthmore, Ursinus at Haverford
 McElligott Invitational – non-team scoring
 F&M 3rd at Lebanon Valley Invite (6 teams)
 F&M at Delaware Invitational – non-team scoring
 Johns Hopkins at Patriot Games – non-team scoring

THIS WEEK'S SCHEDULE

F7 Dickinson, McDaniel at Susquehanna
 Invitational
 Bryn Mawr, Gettysburg, Johns Hopkins
 at Ursinus Colden Invitational
 Muhlenberg at East Stroudsburg
 DeSchriver Invitational
 Swarthmore at Widener Invitational
 F9 Haverford Quad Meet

2008-09 Centennial Conference Men's & Women's Indoor Track & Field Schedule

Friday, December 5

Villanova Pyrah Meet
Men & Women: Haverford, Swarthmore, Ursinus - non-scoring meet

Saturday, December 6

Ursinus Winter Invitational
Men – 1. Bowie State 79, 2. Johns Hopkins 76.5, 5. Ursinus 45.5, 7. Dickinson 30, 12. Gettysburg 21.5. (19 teams); Women – 1. Towson 125, 3. Ursinus 57, 4. Johns Hopkins 55, 17. Gettysburg 7, 21. Dickinson 1. (21 teams)
Bucknell Invitational
Men & Women – Franklin & Marshall, McDaniel – non-scoring meet

Friday, December 15

Haverford Holiday Meet
Men & Women – Bryn Mawr, Haverford, Swarthmore – non-scoring meet

Friday, January 9

Delaware Invitational
Men – (7 DII/III) 1. West Chester 158, 3. Ursinus 64, T-5. Swarthmore 39;
Women – (6 DII/III) 1. West Chester 113, 3. Ursinus 94, 5. Swarthmore 35.
Metropolitan Season Opener
Men & Women – Johns Hopkins – non-scoring meet
Kutztown Invitational
Men & Women – Muhlenberg – non-scoring meet

Saturday, January 9

Bucknell Relays
Men & Women – McDaniel – non-scoring meet

Friday, January 16

Haverford (W), Swarthmore at NYU Invitational
Men & Women – non-scoring meet

Saturday, January 17

F&M, McDaniel, Muhlenberg at Susquehanna Orange & Maroon Classic
Men & Women – non-scoring meet
Johns Hopkins at Terrapin Invitational
Men & Women – non-scoring meet

Friday, January 23

Collegeville Classic
Men – 1. Cheyney 66.50, 6. Ursinus 43, 8. Dickinson 39, 9. Gettysburg 39, 10. Haverford 34 (19 teams); Women – 1. Kutztown 104, 4. Haverford 58, 7. Ursinus 42, 12. Dickinson 19, 13. Gettysburg.
F&M at Great Dane Classic (at NY Armory) – Men & Women: non-team scoring meet

Saturday, January 24

McDaniel at Princeton Relays – Men & Women: non-team scoring meet
Lehigh Covert Classic
Muhlenberg: Men – 6th of 12 teams; Women – 10th of 13 teams

Thursday, January 31

Gettysburg at Ursinus Pentathlon Meet – Men & Women: non-team scoring meet

Friday, January 30

Dickinson at Bucknell Bison Open – Men & Women: non-team scoring meet
Muhlenberg Invitational – Men & Women: non-team scoring meet

Saturday, January 31

Bryn Mawr, Swarthmore, Ursinus at Haverford McElligott Invitational – Men & Women: non-team scoring meet
Gettysburg, McDaniel at Dickinson DuCharme Invitational – Men & Women: non-team scoring meet
F&M at Lebanon Valley – Men: no team score; Women: 1. Lebanon Valley, 3. Franklin & Marshall (6 teams).
F&M at Delaware Invitational – Men & Women: non-team scoring meet
Johns Hopkins at Patriot Games – Men & Women: non-team scoring meet

Saturday, February 7

Bryn Mawr, Gettysburg, Johns Hopkins, McDaniel at Ursinus Frank Colden Invitational
Dickinson, F&M at Susquehanna Invitational
Muhlenberg at East Stroudsburg DeSchriver Invitational
Swarthmore at Widener Invitational

Monday, February 9

Bryn Mawr, Ursinus at Haverford Quad

Friday, February 13

Bryn Mawr, Haverford, Muhlenberg at Lafayette-Rider Winter Games
F&M at Cornell Invitational

Saturday, February 14

Dickinson Invitational
Gettysburg at Bucknell Invitational
Johns Hopkins, Swarthmore at Boston Valentine Invitational

Friday, February 20

Bryn Mawr, Johns Hopkins, Muhlenberg, Swarthmore, Ursinus at Haverford Paul Keough Invitational

Saturday, February 21

Dickinson, Gettysburg, McDaniel at Susquehanna Open
F&M at Princeton Invitational

Saturday, February 28 – Sunday, March 1

Centennial Championships (at Ursinus)

Friday, March 6 – Saturday, March 7

ECAC Championship hosted by Tufts

Saturday, March 7

Ursinus at Virginia Tech Last Chance Meet

Saturday, March 14 – Sunday, March 15

NCAA Championship hosted by Rose-Hulman