



# Indoor Track & Field 2010

RELEASE #8

February 23, 2010

## Centennial Head Coaches

Bryn Mawr..... Dan Talbot  
 Dickinson..... Don Nichter  
 Franklin & Marshall..... Carl Schabel  
 Gettysburg..... Steve Shutt  
 Haverford..... Tom Donnelly (M)  
 ..... Fran Rizzo (W)  
 Johns Hopkins ..... Bobby Van Allen  
 McDaniel ..... Doug Renner  
 Muhlenberg..... Brad Hackett  
 Swarthmore..... Pete Carroll  
 Ursinus ..... Chris Bayless

## Sports Information Contacts

Bryn Mawr..... Jacob Mullins  
 610.526.7344..... jmullins@brynmawr.edu  
 Dickinson..... Charlie McGuire  
 717.245.1652..... mcguire@dickinson.edu  
 Franklin & Marshall..... Mickey Blymier  
 717.358.4857..... mblymier@fanm.edu  
 Gettysburg..... Braden Snyder  
 717.337.6527..... bsnyder@gettysburg.edu  
 Haverford (m)..... Gregg Petcoff  
 610.896.1042..... gpetcoff@haverford.edu  
 Haverford (w)..... Matt Kirsch  
 610.896.1121..... mkirsch@haverford.edu  
 Johns Hopkins ..... Todd Emr  
 410.516.0591..... temr1@jhu.edu  
 McDaniel ..... Luke Stillson  
 410.857.2291..... sid@mcdaniel.edu  
 Muhlenberg..... Mike Falk  
 484.664.3232..... falk@muhlenberg.edu  
 Swarthmore..... Mark Anskis  
 610.328.8206..... manskis1@swarthmore.edu  
 Ursinus ..... Jim Wagner  
 610.409.3612..... jwagner@ursinus.edu

## Previous Centennial Champions

### Men

1993-2008: Haverford

### Women

1993: Haverford  
 1994: Gettysburg  
 1995-96: Haverford  
 1997-98: Dickinson  
 1999: Western Maryland (now McDaniel)  
 2000-07: Dickinson  
 2008: Haverford

## National Champions

2001: J.B. Haglund, Haverford (24:16.0)

## MEN'S ATHLETE OF THE WEEK

**Andy Gregor, Dickinson** (Sr, Fair Oaks, PA / Quaker Valley) - Gregor set a school and Kline Center record in the 3000 meters on Saturday. He won the event at the Dickinson College DuCharme Invitational with a time of 8:37.38.

## LAST WEEK'S RESULTS

F19 Johns Hopkins, Muhlenberg, Swarthmore,  
 Ursinus at Haverford Keough Invite - NTS  
 F20 Dickinson DuCharme Invitational (17 teams)  
 1. Dickinson 137, 3. Gettysburg 75,  
 12. McDaniel 18  
 F&M at Princeton - NTS

## UPCOMING SCHEDULE

F27 Centennial Championship at Haverford  
 Championship Information:  
<http://www.centennial.org/championships/track/indoor/>

## WOMEN'S ATHLETE OF THE WEEK

**Franklin & Marshall 4x400 Relay team: Megan Hunter** (Sr. Allentown, PA / Emmaus), **Sheena Crawley** (Fr, Coatesville, PA / Coatesville), **Caitlin Regan** (So. Chadds Ford, PA / Unionville) and **Henley Siegrist** (So, Harvard, MA / The Bromfield School) - F&M's 4x400 relay team set a school and Centennial Conference record this weekend at the Princeton Invitational. The team of Hunter, Crawley, Regan and Henley Siegrist turned in a time of 4:02.15.

## LAST WEEK'S RESULTS

F19 Bryn Mawr, Johns Hopkins, Muhlenberg,  
 Swarthmore, Ursinus at Haverford  
 Keough Invite - NTS  
 F20 Dickinson DuCharme Invitational (15 teams)  
 1. Gettysburg 143, 3. Dickinson 104,  
 7. McDaniel 30  
 F&M at Princeton - NTS

## UPCOMING SCHEDULE

F27 Centennial Championship at Haverford  
 Championship Information:  
<http://www.centennial.org/championships/track/indoor/>

## 2009-10 Centennial Conference Men's & Women's Indoor Track & Field Schedule

### Saturday, December 5

Villanova Pyrah Meet  
Men & Women: F&M, Haverford, Swarthmore - non-scoring meet  
Ursinus Winter Invitational  
Men – 1. Bowie State 122; 2. Dickinson 75; 6. Ursinus 39. (18 teams);  
Women – 1. Towson 133.83; 4. Ursinus 38; 9. Dickinson 21. (18 teams)  
Bucknell Invitational  
Men & Women – McDaniel – non-scoring meet

### Friday, December 11

Ursinus Meet  
Men – 1. Farmingdale 182; 2. Ursinus 141 (6 teams); Women – 1.  
Ursinus 194 (5 teams).

### Saturday, December 12

Dickinson Invitational  
Men – 1. Dickinson 167; 4. Gettysburg 41; 7. McDaniel 15. (8 teams);  
Women – 1. Messiah 154; 2. Dickinson 140; 4. Gettysburg 78.5; 8.  
McDaniel 10. (8 teams).  
Haverford Holiday Meet  
Men & Women – Bryn Mawr, Haverford – non-scoring meet

### Friday, January 8

Metropolitan Invitational  
Men & Women: Johns Hopkins - non-scoring meet  
Delaware Invitational  
Men – 1. Ursinus 167, 4. Franklin & Marshall 28 (6 teams); Women –  
1. Ursinus 156, 5. Franklin & Marshall 17 (5 teams).

### Saturday, January 9

Bucknell Gulden Relays  
Men & Women: McDaniel - non-scoring meet

### Friday, January 15

NYU Gotham Cup  
Men & Women: Haverford, Swarthmore - non-scoring meet  
Kutztown Invitational  
Men & Women: F&M, Muhlenberg - non-scoring meet

### Saturday, January 16

Florida Invitational  
Men & Women: Dickinson – results not available  
Terrapin Invitational  
Men - 1. Norfolk State 107, 10. Johns Hopkins 15, 18. McDaniel 2  
(19 teams); Women - 1. Maryland 159, 6. Johns Hopkins 39, 15.  
McDaniel 0 (15 teams).  
Syracuse Invitational  
Men & Women: Ursinus - non-scoring meet

### Friday, January 22

Ursinus Collegeville Classic  
Men – 1. West Chester 107.5, 2. Ursinus 85 (13 teams); Women –  
1. West Chester 135.5, 5. Ursinus 51, 13. Bryn Mawr 14 (14 teams).

### Friday, January 22 - Saturday, January 23

Lehigh Covert Classic  
Men – 1. Lock Haven 88, 6. Haverford 29 (9 teams); Women – 1. Lehigh  
124, 5. Haverford 37 (9 teams).

### Saturday, January 23

Susquehanna Classic  
Men & Women: Franklin & Marshall, Gettysburg, McDaniel,  
Muhlenberg – non-scoring meet

### Wednesday, January 27

Ursinus Pentathlon Meet  
Men & Women: Gettysburg, Ursinus – non-scoring meet

### Friday, January 29

Muhlenberg Invitational  
Men & Women: Muhlenberg – non-scoring meet

### Friday, January 29- Saturday, January 30

Bucknell Open  
Men & Women: Dickinson, Johns Hopkins – non-scoring meet

### Saturday, January 30

Franklin & Marshall "Coach I" Invitational  
Men & Women: F&M, McDaniel, Ursinus – non-scoring meet  
George Mason Patriot Games  
Men & Women: Gettysburg, McDaniel – non-scoring meet  
Haverford McElligott Invite  
Men & Women: Bryn Mawr, Haverford, Johns Hopkins, Swarthmore –  
non-scoring meet

### Friday, February 5

Haverford (M), Johns Hopkins at NY Armory New Balance Games  
Men: Haverford – non-scoring meet; Women: Johns Hopkins – Did not  
compete

### Saturday, February 6

Gettysburg, Muhlenberg at Ursinus Frank Colden Invitational - Cancelled

### Sunday, February 7

Haverford Invitational  
Men & Women: Bryn Mawr, Haverford, Swarthmore – non-scoring meet  
East Stroudsburg DeSchriver Invitational  
Men & Women: Muhlenberg – non-scoring meet

### Thursday, February 11

Navy Sweetheart Multi Mix  
Men & Women: McDaniel - Cancelled

### Friday, February 12

Lafayette-Rider Winter Games  
Men & Women: Bryn Mawr, Haverford, Muhlenberg – non-scoring meet  
Boston Valentine Invitational  
Men & Women: Dickinson, Johns Hopkins, Swarthmore- non-scoring meet

### Saturday, February 13

Susquehanna Invitational  
Men & Women: Dickinson, F&M, McDaniel, Ursinus- non-scoring meet  
Bucknell Invitational  
Men & Women: Gettysburg- non-scoring meet

### Friday, February 19

Haverford Paul Keough Invitational  
Men & Women: Bryn Mawr, Johns Hopkins, Muhlenberg, Swarthmore,  
Ursinus – non-scoring meet

### Saturday, February 20

Dickinson DuCharme Invitational  
Men: 1. Dickinson 137, 3. Gettysburg 75, 12. McDaniel 18 (17 teams);  
Women: 1. Gettysburg 143, 3. Dickinson 104, 7. McDaniel 30 (15 teams).  
Princeton Invitational  
Men & Women: Franklin & Marshall – non-scoring meet

### Saturday, February 27

Centennial Championships (at Haverford)

### Friday, March 5

Muhlenberg at Columbia Last Chance Meet

### Saturday, March 6

Johns Hopkins, Ursinus at Virginia Tech Last Chance Meet

### Saturday, March 12 – Sunday, March 13

NCAA Championship hosted by Depauw

