



Centennial Conference Cross Country

SEPTEMBER 16, 2003

563 College Avenue, B-101, Lancaster, PA 17603

Phone: (717) 358-4463 * Fax: (717) 358-4480

Men: <http://www.centennial.org/CrossCountry/men/index.html>

Women: <http://www.centennial.org/CrossCountry/women/index.html>

This Week's Centennial Results

BRYN MAWR

9/13 – Mule/Falcon Classic – 5th/10

Top Finishers:

5. Melissa Leedle, 20:01
16. Tonda Shimbo, 21:43
24. Joy Racowski, 22:09
36. Lana Momani, 23:20
39. Anna Tomasulo, 23:37

DICKINSON

MEN:

9/13 – at Lebanon Valley Invite – 2nd/17

Top Five Finishers:

10. Matt Liebal, Fr, 27:08
11. Tokk Derkacz, Sr, 27:15
19. Jeff Barrody, Jr, 27:31
25. Rob Dausers, Fr, 27:44
26. Isaac Zentner, Jr, 27:45

WOMEN:

9/13 – at Lebanon Valley Invite – 1st/14

Top Five Finishers:

1. Callie Bradley, Sr, 19:22
5. Emily Hilme, So, 20:05
8. Abbey Ferusson, So, 20:20
10. Gabby Russo, So, 20:43
12. Annie Scogin, So, 20:43

FRANKLIN & MARSHALL

MEN:

9/13 – at Lebanon Valley Invite – 9th/17

Top Five Finishers:

14. Paul Riley, 26:25
33. Matthew Bartolini, 27:54
84. Matthew Batzel, 29:33
101. Aldace Flemming, 30:03
140. Joe Tramburello, 32:14

WOMEN:

9/13 – at Lebanon Valley Invite – 7th/14

Top Five Finishers:

13. Meredith Janeczek, 20:48
14. Karen Ziga, 20:50
44. Sarah Aronoff, 21:58
54. Tammy Crudden, 22:16
60. Megan Laufman, 22:22

GETTYSBURG

MEN:

9/13 – at Miami (Ohio) Invite-5th/5

Top Five Finishers:

20. Erik Dunklee, 27:16
24. Charles Spock, 27:24
29. Paul Long, 27:51
31. Andrew Carmer, 27:54
33. Zak Golladay, 28:13

WOMEN:

9/13 – at Miami (Ohio) Invite-6th/7

Top Five Finishers:

25. Jaimie Bagatti, 19:03
28. Alix Felix, 19:17
32. Elane Gottshall, 19:34
38. Anne Leonard, 20:02
44. Barbara Creveling, 20:18

HAVERFORD

MEN:

Did Not Compete This Week

WOMEN:

Did Not Compete This Week

JOHNS HOPKINS

MEN:

Did Not Compete This Week

WOMEN:

Did Not Compete This Week

McDANIEL

MEN:

9/13 – Green Terror Challenge – 3rd/7

Top Five Finishers:

2. Paul Hugus, 28:27
19. Ben Brown, 30:19
20. John Reagan, 30:26
24. Matt Rouse, 39:39
40. Calvin Woodward, 31:54

WOMEN:

9/13 – Green Terror Challenge – 2nd/7

Top Five Finishers:

8. Lianne Price, 20:57
9. Kristen Aversa, 21:02
10. Natasha Young, 21:10
12. Jennifer Pullen, 21:19
15. Kelly Gruber, 21:57

MUHLENBERG

MEN:

9/13 – Mule/Falcon Classic – 3rd/8

Top Five Finishers:

1. Rob Uniszkievicz, 26:41
8. Lex Mercado, 28:42
11. Nathan Horst, 28:35
16. Steve Rothwell, 28:52
24. Gail Morris, 22:05

WOMEN:

9/13 – Mule/Falcon Classic – 1st/10

Top Five Finishers:

3. Karen Mount, 19:44
4. Jenna Belisonzi, 19:49
7. Diana Garretto, 20:13
13. Erica Norey, 21:12
24. Gail Morris, 22:05

SWARTHMORE

MEN:

Did Not Compete This Week

WOMEN:

Did Not Compete This Week

URSINUS

MEN:

9/13 – at Lebanon Valley Invite – 13th/17

Top Five Finishers:

49. Chris DeLeon, 28:24
63. Jeff Teigler, 28:45
96. Luke Sullivan, 29:58
108. Joe Szymanski, 30:11
111. Brandan Zapalac, 30:14

WOMEN:

9/13 – at Lebanon Valley Invite – NS

Top Five Finishers:

96. Liz Goudie, 23:34.32
128. Maureen McCarthy, 24:58.35
134. Kacie Meyer, 25:16.20
157. Misa Gareau, 27:31.70

Coaches Rankings

(as of 9/16/03)

MEN

1. Scott Sargrad, Sr, Haverford
2. Brandon Rowe, Sr, Haverford
3. Bobby Cannon, Jr, Haverford
4. Matt Liebal, Fr, Dickinson
5. Rob Uniszkiwicz, Sr, Muhlenberg
6. Alex Hotz, Muhlenberg
7. Lang Reynolds, Jr, Swarthmore
8. Pat Quinlan, So, Gettysburg
9. Todd Derkacz, Sr, Dickinson
10. Paul Hugus, So, McDaniel
11. James Golden, Jr, Swarthmore
12. Mike Grant, Fr, Haverford
13. Tim Konopka, So, Dickinson
14. Erik Dunklee, So, Gettysburg
15. Paul Riley, Sr, F&M
16. Charles Spock, Sr, Gettysburg
17. Jeff Barrody, Jr, Dickinson
18. Ian Ramsey-North, Fr, Haverford
19. Garrett Ash, Jr, Swarthmore
20. Jason Farber, Fr, Johns Hopkins

Compiled by Peter Carroll, Swarthmore

WOMEN

1. Callie Bradley, Sr, Dickinson
2. Sarah LaMoy, Jr, Haverford
3. Maria-Elena Young, Sr, Swarthmore
4. Katie Dougherty, Sr, Ursinus
5. Jane Steinemann, Sr, Haverford
6. Emily Hulme, So, Dickinson
7. Karen Mount, So, Muhlenberg
8. Abigail Noble, Sr, Haverford
9. Allison Baumler, Jr, Dickinson
10. Jaimie Bagatti, Sr, Gettysburg
11. Anastasia Mukhina, So, Haverford
12. Abigail Fergusson, So, Dickinson
13. Claire Fawcett, So, Haverford
14. Jenna Belisonzi, Jr, Muhlenberg
15. Annie Scogin, So, Dickinson
16. Gabby Russo, So, Dickinson
17. Jane Weber, Fr, Haverford
18. Natasha Young, So, McDaniel
19. Melissa Leedle, Jr, Bryn Mawr
20. Meredith Janeczek, Fr, F&M

Compiled by Dan Talbot, Bryn Mawr

Centennial Conference Honor Roll

Melissa Leedle, Bryn Mawr (Jr, Lake Geneva, WI / Badger) - Leedle turned in the fastest time on the Mule-Falcon Invitational course ever run by a Bryn Mawr scholar-athlete. The time of 20:01.9 was also a personal record for her.

Todd Derkacz, Dickinson (Sr, Huguenot, NY / Port Jervis) - Derkacz was voted the team's runner of the meet on Saturday with an 11th place finish at the Lebanon Valley Invitational. The Devil men placed second in the team standings behind regional power Elizabethtown.

Gabby Russo, Dickinson (So, E. Stroudsburg, PA / E. Stroudsburg) - Russo earned Red Devil runner of the meet honors as she helped the women to the Lebanon Valley team title with a 10th place showing. She turned in a time of 20:43.

Meredith Janeczek, Franklin & Marshall (Fr., Hershey, PA/Hershey) - Janeczek placed 13th to lead the Diplomats to a seventh place finish at the Lebanon Valley Invitational. The sixth Centennial Conference runners across the line following the top five from Dickinson College, Janeczek (20:48.72) was within 90 seconds of individual champion, Callie Bradley of Dickinson (19:22.37).

Paul Riley, Franklin & Marshall (Sr, Bloomsburg, PA / Bloomsburg) - Riley crossed the finish line in 27:19.76 to place 14th and led Franklin & Marshall to a ninth place finish at the Lebanon Valley Invitational. The third Centennial Conference harrier across the finish line following Dickinson's Matt Liebel (27:08.99) and Todd Derkacz (27:15.64), he outdistanced Messiah's Josh Evans and Hagerstown CC's Bobby Boston in the final stretch to finish in the top 15.

Jaimie Bagatti, Gettysburg (Sr, Royerford, PA / Spring-Ford) - Bagatti finished 25th overall in Miami (Ohio) Invitational on Saturday with a 19:03.90 in the 6,000-meter race.

Eric Dunklee, Gettysburg (So, Barton, VT / St. Johnsbury Academy) - Dunklee finished 20th overall in Miami (Ohio) Invitational on Saturday with a 27:16.32 in the 8,000-meter race.

Paul Hugus, McDaniel (So, Baltimore, MD / Loch Raven) - Hugus took second place at the fourth annual Green Terror XC Challenge with a time of 28:27.41, and beat two hands full of Division 1 runners from Loyola College.

Lianne Price, McDaniel (Fr, Freehold, NJ / Colts Neck) - Price led the McDaniel women to a second place finish behind Loyola College with her 8th place finish at the fourth annual Green Terror XC Challenge.

Jenna Belisonzi, Muhlenberg (Jr, Wykoff, NJ / Immaculate Heart Academy) - Belisonzi placed fourth and ran the second-best 5K time of her collegiate career in the rain at Cedar Crest College to help lead the Mules to the team championship at the Mule/Falcon Classic.

Rob Uniskiewicz, Muhlenberg (Sr, Uniszkiwicz won the Mule/Falcon Classic in the rain at Cedar Crest College and led the Mules to a third-place team finish. He finished 49 seconds ahead of the second-place runner.

Division III National Coaches' Poll

as of September 10

Men

1. UW-Oshkosh
 2. Willamette
 3. Calvin
 4. North Central
 5. Nebraska Wesleyan
 6. Keene State
 7. UW-La Crosse
 8. Wartburg
 9. **Haverford**
 10. UW-Stevens Point
 11. Elizabethtown
 12. Carleton
 13. C. of New Jersey
 14. Mount Union
 15. Tufts
 16. St. Lawrence
 17. Williams
 18. Geneseo
 19. Colorado
 20. Chicago
 21. Puget Sound
 22. DePauw
 23. Emory
 24. St. Olaf
- Case Western

Division III National Coaches' Poll

as of September 10

Women

1. Williams
2. Middlebury
3. Wartburg
4. Calvin Geneseo
5. UW-La Crosse
6. C. of New Jersey
7. Washington, Mo.
8. UW-Oshkosh
9. Bowdoin
10. Nebraska Wesleyan
11. **Haverford**
12. UW-Stevens Point
13. SUNY-Geneseo
14. Emhurst
15. Williamette
16. Ithaca
17. **Dickinson**
18. Baldwin-Wallace
19. Emory
20. St. Olaf
21. Allegheny
22. Trinity (CT)
23. Chicago
24. Claremont Mudd Scripps
25. Gustavus Adolphus

Upcoming Schedule

FRIDAY, SEPTEMBER 19

Men's Cross Country

Swarthmore, Villanova, LaSalle at Haverford

Women's Cross Country

Swarthmore, Villanova, LaSalle at Haverford

SATURDAY, SEPTEMBER 20

Men's Cross Country

Dickinson at Forest Festival
Johns Hopkins at York Invitational
Ursinus at Elizabethtown

Women's Cross Country

Bryn Mawr, Ursinus at Elizabethtown
Dickinson at Forest Festival
Johns Hopkins at York Invitational
Muhlenberg at NYU Invitational

AROUND THE CONFERENCE

BRADLEY EARNS FIFTH VICTORY:

Dickinson's **Callie Bradley (Sr, N. Huntingdon, PA / Norwin)** ran to her second straight individual title of the season at Lebanon Valley, and her fifth straight regular-season victory, dating back to last season.

2003 Centennial Conference Men's Cross Country Schedules

Dickinson		
A29	ELIZABETHTOWN %	L, 50-15
	MESSIAH %	L, 38-17
S13	at Lebanon Valley	2 nd /17
S20	at Forest Festival	TBA
S24	at Little Three Championship #	4:30
O4	DICKINSON INVITE	10:30
O11	at Disney Classic	TBA
O18	at DeSales Invitational	10:30
N1	Centennial Championships (DeSales)	
N15	NCAA Regionals (Dickinson)	

% Capital Classic. # at Gettysburg

Franklin & Marshall		
A30	at Ursinus Invitational	6 th /6
S6	at Bloomsburg Invitational	5 th /9
S13	at Lebanon Valley Invitational	9 th /17
S24	at Little Three Championship #	4:30
O4	at Dickinson Invitational	10:30
O18	at DeSales Invitational	10:30
O25	at Gettysburg Invitational	10:30
N1	Centennial Championships (DeSales)	
N15	NCAA Regionals (Dickinson)	

at Gettysburg

Gettysburg		
S6	MESSIAH	L, 30-27
	JUNIATA	W, 15-50
S13	at Miami (OH) Invitational	5 th /5
S24	LITTLE THREE CHAMPIONSHIP	4:30
S27	at George Washington Invitational	10:30
O4	at Dickinson Invitational	10:30
O18	GETTYSBURG INVITATIONAL	10:30
N1	Centennial Championships (DeSales)	
N15	NCAA Regionals (Dickinson)	

Haverford		
A30	at Ursinus Invitational	3 rd /6
S19	VILLANOVA, LaSALLE, SWARTHMORE	5:30
S27	at Salisbury Invitational	11:00
O4	at Paul Short Run	9:30
O18	at Planksy Invitational	1:00
O24	Haverford Invitational	4:30
N1	Centennial Championships (DeSales)	
N15	NCAA Regionals (Dickinson)	

Johns Hopkins		
S6	at Baltimore Metro Invitational	2 nd /7
S20	at York Invitational	10:00
S27	at George Washington Invitational	11:00
O11	at Goucher	10:00
	at Triton Classic (CA)	11:30
O18	at Gettysburg Invitational	10:30
N1	Centennial Championships (DeSales)	
N15	NCAA Regionals (Dickinson)	

McDaniel		
S6	at Anne Arundel Invitational	1 st /5
S13	GREEN TERROR CHALLENGE	3 rd /7
S27	at York Spartan Invitational	10:00
O4	at Dickinson Invitational	10:00
O11	at Goldey Beacom Invitational	10:00
O18	at Gettysburg Invitational	10:00
N1	Centennial Championships (DeSales)	
N15	NCAA Regionals (Dickinson)	

Muhlenberg		
A30	at Marywood Labor Day Invite	2 nd /8
S5	at Lehigh Valley Champ. (Lehigh)	6 th /7
S13	MULE/FALCON CLASSIC #	3 rd /8
O4	at Lehigh Paul Short Invite	9:30
O18	at DeSales Invitational	12:00
N1	Centennial Championships (DeSales)	
N15	NCAA Regionals (Dickinson)	

at Cedar Crest

Swarthmore		
A30	at Ursinus Invitational	5 th /6
S19	at Haverford	5:30
S27	at Salisbury Invitational	10:30
O4	at Dickinson Invitational	10:30
O18	at Mule/Falcon Invitational #	10:30
N1	Centennial Championships (DeSales)	
N15	NCAA Regionals (Dickinson)	

at Cedar Crest

Ursinus		
A30	DENNIS INVITATIONAL	N/S
S13	at Lebanon Valley	13 th /17
S20	at Elizabethtown	TBA
O4	at Paul Short Invitational	9:30
O18	at DeSales Invitational	12:00
O25	Bear Pack 5K Run	TBA
N1	Centennial Championships (DeSales)	
N15	NCAA Regionals (Dickinson)	

2003 Centennial Conference Women's Cross Country Schedules

Bryn Mawr		
A30	at Haverford	N/S
S13	at Muhlenberg Falcon Invite #	5 th /10
S20	at Elizabethtown Invitational	10:30
S27	at Philly Metro (Belmont Plateau)	12:15
O4	at Dickinson Invitational	11:00
O18	at Seven Sisters (Swarthmore)	11:00
O24	at Haverford Invitational	4:30
N1	Centennial Championships (DeSales)	
N15	NCAA Regionals (Dickinson)	

at Cedar Crest

Dickinson		
A29	ELIZABETHTOWN %	W, 20-37
	MESSIAH %	W, 23-35
S13	at Lebanon Valley	1 st /14
S20	at Forest Festival	TBA
S24	at Little Three Championship #	4:30
O4	DICKINSON INVITE	10:30
O11	at Disney Classic	TBA
O18	at DeSales Invitational	10:30
N1	Centennial Championships (DeSales)	
N15	NCAA Regionals (Dickinson)	

% Capital Classic. # at Gettysburg

Franklin & Marshall		
A30	at Ursinus Invitational	4 th /5
S6	at Bloomsburg Invitational	3 rd /8
S13	at Lebanon Valley Invitational	7 th /14
S24	at Little Three Championship #	4:30
O4	at Dickinson Invitational	10:30
O18	at DeSales Invitational	10:30
O25	at Gettysburg Invitational	10:30
N1	Centennial Championships (DeSales)	
N15	NCAA Regionals (Dickinson)	

at Gettysburg

Gettysburg		
S6	MESSIAH	W, 22-36
	JUNIATA	W, 15-48
S13	at Miami (OH) Invitational	6 th /7
S24	LITTLE THREE CHAMPIONSHIP	4:30
S27	at George Washington Invitational	10:30
O4	at Dickinson Invitational	10:30
O18	GETTYSBURG INVITATIONAL	10:30
N1	Centennial Championships (DeSales)	
N15	NCAA Regionals (Dickinson)	

Haverford		
A30	BRYN MAWR	N/S
S19	VILLANOVA, LaSALLE, SWARTHMORE	5:30
S27	at Philly Metro (Belmont Plateau)	12:15
O4	at Dickinson Invitational	11:00
O18	at Seven Sisters (Swarthmore)	11:00
	at Williams Invitational	5:30
O24	Haverford Invitational	4:30
N1	Centennial Championships (DeSales)	
N15	NCAA Regionals (Dickinson)	

Johns Hopkins		
S6	at Baltimore Metro Invitational	3 rd /7
S20	at York Invitational	10:00
S27	at George Washington Invitational	11:00
O11	at Goucher	10:00
	at Triton Classic (CA)	11:30
O18	at Gettysburg Invitational	10:30
N1	Centennial Championships (DeSales)	
N15	NCAA Regionals (Dickinson)	

McDaniel		
S6	at Anne Arundel Invitational	1 st /3
S13	GREEN TERROR CHALLENGE	2 nd /6
S27	at York Spartan Invitational	10:00
O4	at Dickinson Invitational	10:00
O11	at Goldey Beacom Invitational	10:00
O18	at Gettysburg Invitational	10:00
N1	Centennial Championships (DeSales)	
N15	NCAA Regionals (Dickinson)	

Muhlenberg		
A30	at Marywood Labor Day Invite	3 rd /8
S5	at Lehigh Valley Champ. (Lehigh)	6 th /7
S13	MULE/FALCON CLASSIC #	1 st /10
S20	at NYU Invitational	11:00
O4	at Lehigh Paul Short Invite	10:15
O18	at DeSales Invitational	12:00
N1	Centennial Championships (DeSales)	
N15	NCAA Regionals (Dickinson)	

at Cedar Crest

Swarthmore		
A30	at Ursinus Invitational	5 th /5
S19	at Haverford	5:30
S27	at Salisbury Invitational	10:30
O4	at Dickinson Invitational	10:30
O18	SEVEN SISTERS MEET	11:00
N1	Centennial Championships (DeSales)	
N15	NCAA Regionals (Dickinson)	

Ursinus		
A30	DENNIS INVITATIONAL	3 rd /5
S20	at Elizabethtown	TBA
O4	at Paul Short Invitational	10:15
O18	at DeSales Invitational	12:00
O25	Bear Pack 5K Run	TBA
N1	Centennial Championships (DeSales)	
N15	NCAA Regionals (Dickinson)	