



Centennial Conference Cross Country

SEPTEMBER 21, 2004

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Men: <http://www.centennial.org/CrossCountry/men/index.html>

Women: <http://www.centennial.org/CrossCountry/women/index.html>

BRYN MAWR

9/18 – MULE/FALCON CLASSIC - Cancelled

DICKINSON

MEN:

9/15 – at Little Three Championships at F&M
Dickinson 18, Gettysburg 43
Dickinson 16, Franklin & Marshall 29

Top Five Finishers:

1. Matt Liebal, 15:49.65
2. Thomas Rhodes, 15:52.11
4. Tom Morgan, 16:17.14
5. Rob Dausés, 16:19.53
7. Jeff Baroody, 16:25.26

WOMEN:

9/15 – at Little Three Championships at F&M
Dickinson 17, Gettysburg 46
Dickinson 18, Franklin & Marshall 45

Top Five Finishers:

1. Emily Hulme, 18:39.61
2. Andrea Pope, 18:57.2
4. Abigail Fergusson, 19:03.58
6. Caitlin Strahota, 19:27.45
7. Kelly Hoberg, 19:28.9

FRANKLIN & MARSHALL

MEN:

9/15 – at Little Three Championships at F&M
Franklin & Marshall 26, Gettysburg 29
Dickinson 16, Franklin & Marshall 29

Top Five Finishers:

6. Aldace Fleming, 16:24.39
11. Charles Bowen, 16:28.21
14. Harrison Miller, 16:37.78
15. Matt Bartoloni, 16:39.05
20. Pavel Marosin, 16:52.78

WOMEN:

9/15 – at Little Three Championships at F&M
Dickinson 18, Franklin & Marshall 45
Gettysburg 26, Franklin & Marshall 29

Top Five Finishers:

3. Meredith Janeczek, 18:58.7
11. Karen Ziga, 19:47.19
14. Yanira Figueroa, 19:52.27
19. Colette Buchanan, 20:26.28
23. Megan Feehan, 20:36.99

GETTYSBURG

MEN:

9/15 – at Little Three Championships at F&M
Franklin & Marshall 26, Gettysburg 29
Dickinson 18, Gettysburg 43

Top Five Finishers:

3. Andy Carmer 16:01.30
8. Eric Dunklee 16:26.35
16. Paul Long 16:40.58
18. Chris Magette 16:45.43
21. Jeff Zarrilli 16:54.00

9/18 – Messiah 27, Gettysburg 30

Top Five Finishers:

3. Eric Dunklee, 28:30
5. Paul Long, 29:07
6. Andrew Carmer, 29:28
7. P.J. Hart, 29:29
8. Chris Magette, 29:31

GETTYSBURG (continued)

WOMEN:

9/15 – at Little Three Championships at F&M
Gettysburg 26, Franklin & Marshall 29
Dickinson 17, Gettysburg 46

Top Five Finishers:

5. Elane Gottshall, 19:17.43
12. Anne Leonard, 19:49.75
13. Ellen Furnari, 19:50.26
15. Barbara Creveling, 20:02.54
17. Holly Macko, 20:14.80

9/18 – Messiah 27, Gettysburg 29

Top Five Finishers:

1. Elane Gottshall, 21:02
2. Ellen Furnari, 21:02
6. Anne Leonard, 21:14
9. Barbara Creveling, 21:21
12. Holly Macko, 21:58

HAVERFORD

MEN:

9/18 – Alumni Meet – N/S

WOMEN:

9/18 – Alumni Meet – N/S

JOHNS HOPKINS

MEN:

9/18 – at NYU Invitational – Tied-5th out of 27

Top Five Finishers:

15. Travis Koh, 27:55.5
33. Eric Scrivner, 28:19.8
39. Andrew Bauerschmidt, 28:40.8
43. Patrick Brandon, 28:49.2
46. Jason Chiang, 28:54.6

WOMEN:

9/18 – at NYU Invitational – 7th out of 22

Top Five Finishers:

20. Angela Koan, 20:53.1
25. Jacci Clauss, 21:00.9
43. Jessie Lozier, 21:43.8
44. Frannie Koenig, 21:47.9
62. Martha Paluch, 22:18.9

McDANIEL

MEN:

9/18 – at York Invitational - Cancelled

WOMEN:

9/18 – at York Invitational - Cancelled

MUHLENBERG

MEN:

9/18 – MULE/FALCON CLASSIC - Cancelled

WOMEN:

9/18 – MULE/FALCON CLASSIC - Cancelled

SWARTHMORE

MEN: Did not compete this week

WOMEN: Did not compete this week

URSINUS

MEN:

9/18 – MULE/FALCON CLASSIC - Cancelled

WOMEN:

9/18 – MULE/FALCON CLASSIC - Cancelled

Upcoming Schedule

SATURDAY, SEPTEMBER 25

Men's Cross Country

Dickinson, F&M, McDaniel at Allegheny Invitational
Gettysburg at George Washington Invitational
Haverford, Muhlenberg, Swarthmore at Paul Short Run
Johns Hopkins at York Invitational
Ursinus at Philly Metro Meet

Women's Cross Country

Bryn Mawr, Haverford, Ursinus at Philly Metro Meet
Dickinson, F&M, McDaniel at Allegheny Invitational
Gettysburg at George Washington Invitational
Johns Hopkins at York Invitational
Muhlenberg, Swarthmore at Paul Short Run

Coaches Rankings

As of 9/21/04

MEN

1. Paul Hugus, Jr, McDaniel
2. Alex Hotz, Jr, Muhlenberg
3. Matt Liebal, So, Dickinson
4. Mike Grant, Haverford
5. Brian Baille, Haverford
6. Tom Rhodes, Jr, Dickinson
7. Bobby Cannon, Haverford
8. Will McGuire, Haverford
9. Zach Vaslow, Haverford
10. James Golden, Sr, Swarthmore
11. Adam Hunt, Jr, Swarthmore
12. Tom Morgan, Fr, Dickinson
13. Don Letts, Haverford
14. Lang Reynolds, Sr, Swarthmore
15. Bernie Muller, Haverford
16. Steve Rothwell, So, Muhlenberg
17. Travis Koh, So, Johns Hopkins
18. Rob Dause, Dickinson
19. Eric Dunklee, Jr, Gettysburg
- T20. Andrew Carmer, So, Gettysburg
- Aldace Fleming, Franklin & Marshall

Compiled by Peter Carroll, Swarthmore

WOMEN

1. Emily Hulme, Jr, Dickinson
2. Andrea Pope, Sr, Dickinson
3. Meredith Janeczek, So, Frank. & Marsh.
4. Abigail Ferguson, Jr, Dickinson
5. Elane Gottshall, Sr, Gettysburg
6. Jenna Belisonzi, Sr, Muhlenberg
7. Caitlin Strahota, Fr, Dickinson
8. Kelly Hoberg, Jr, Dickinson
9. Annie Scogin, Jr, Dickinson
10. Angela Kaon, Fr, Johns Hopkins
11. Tasha Young, Jr, McDaniel
12. Caitlin Bradley, Fr, Dickinson
13. Allie Baumler, Fr, Dickinson
14. Karen Ziga, So, F&M
15. Ellen Furnari, Gettysburg
16. Anne Leonard, Sr, Gettysburg
17. Yanira Figueroa, Franklin & Marshall
18. Karen Mount, Jr, Muhlenberg
19. Lianne Price, So, McDaniel
20. Jacci Clauss, Fr, Johns Hopkins

Compiled by Dan Talbot, Bryn Mawr

Centennial Conference Honor Roll

Isaac Zentner, Dickinson (Sr, Sandpoint, ID / Sandpoint) - Zentner finished ninth overall to help the Dickinson men claim an eighth straight Little Three Championship title last week. Zentner was the Devils' number six runner, clocking a time of 16:26 in the 5k race.

Kelly Hoberg, Dickinson (Jr, Honey Brook, PA / Twin Valley) - Hoberg broke into the Devils' top five for the first time as the Dickinson women captured their 11th straight Little Three Championship. Hoberg finished seventh overall on the 5k course with a time of 19:28.

Aldace Fleming, Franklin & Marshall (Jr, Ridgefield, CT / Ridgefield) - Fleming crossed the finish line in 16:24.39 to place sixth over the 5,000 meter course and lead the F&M to a second place finish at the Little Three Cross Country Championships at Baker Campus vs. Gettysburg and Dickinson.

Meredith Janeczek, Franklin & Marshall (So, Hershey, PA / Hershey) - Janeczek finished third in 18:58.7 over the 5,000 meter course to lead the Diplomat women to a third place finish at the 2004 Little Three Championship at Baker Campus versus Gettysburg and Dickinson.

Eric Dunklee, Gettysburg (Jr, Barton, VT / St. Johnsbury Academy) - Dunklee finished as the second-fastest Bullet in Wednesday's Little Three Meet and then placed second overall in a dual meet with Messiah on Saturday. In Wednesday's 5,000-meter race, he placed eighth overall with a time of 16:26.35. On Saturday, he was the first Gettysburg runner to cross in the 8K affair, finishing with a time of 28:30.

Elane Gottshall, Gettysburg (Sr, Lansdale, PA / Methacton) - Gottshall finished fifth overall at the Little Three Meet on Wednesday and won a dual meet at Messiah on Saturday. At F&M on Wednesday, she completed the 5,000-meter course in a time of 19:17.43. At Messiah, she won the 5K affair with a time of 21:02.

Travis Koh, Johns Hopkins (So, Horsham, PA / Hatboro-Horsham) - Koh finished in 15th place in the NYU Invitational for the Blue Jays with a time of 27:55.5.

Angela Kaon, Johns Hopkins (Fr, Bridgewater, NJ / Bridgewater-Raritan) - Koan paced all Blue Jay runner and finished 20th in the highly competitive NYU Invitational, in a time of 20:53.1.

Division III Preseason National Coaches' Poll

as of September 21

Men

1. Calvin
2. North Central
3. UW-La Crosse
4. Wartburg
5. UW-Stevens Point
6. SUNY-Geneseo
7. Tufts
8. Nebraska Wesleyan
9. **Haverford**
10. C. of New Jersey
11. Willamette
12. Bates
13. UW-Oshkosh
14. Williams
15. New York Univ.
16. Chicago
17. Keene State
18. Carleton
19. Loras
20. Elizabethtown
21. Pomona Pitzer
22. DePauw
23. Carthage
24. Augustana
25. Washington (MO)

Around the Conference

AT THE TOP, AGAIN: Saturday's win for the Gettysburg's **Elane Gottshall** marked the second time this season that the Bullet has won a race. In her four races so far this fall, she has not finished outside the top five overall.

LITTLE THREE WIN FOR DC: The Red Devils' **Emily Hulme** (Lebanon, PA / Cedar Crest) claimed the individual title with a time of 18:39. The Devil women have won the individual title for the past seven years, dating back to 1998. The Dickinson women also extended their unbeaten dual-meet streak to 47 consecutive races. DC's **Matt Liebal** (Oakdale, CT / Montville) captured his second straight individual title at the Little Three Championship for the men. The sophomore finished with a winning time of 15:49. The Red Devil men's individual championship streak dates back five years to 2000.

Division III Preseason National Coaches' Poll

as of September 21

Women

1. Middlebury
2. Williams
3. UW-Stevens Point
4. Amherst
5. UW-Oshkosh
6. UW-LaCrosse
7. Luther
8. Willamette
9. **DICKINSON**
10. SUNY-Geneseo
11. Allegheny
12. Wartburg
13. Washington (MO)
14. Bowdoin
15. C. of New Jersey
16. Tufts
17. DePauw
18. Emory
19. Denison
20. St. Thomas
21. **Haverford**
22. Colby
23. Chicago
24. St. Lawrence
25. Gustavus Adolphus

Top 5 Finishes

Men

Matt Liebal, DC	Capital (4)
	Green Terror (3)
	Little Three (1)
Paul Hugus, MCD	Gettysburg Meet (1)
	Balt. Metro (1)
	Green Terror (1)
Andy Carmer, GC	Gettysburg Meet (2)
	Green Terror (5)
Matt Rouse, MCD	Gettysburg Meet (3)
	Green Terror (4)
	LVC (5)
Alexander Hotz, MUHL	Green Terror (2)
	Green Terror (5)
Thomas Rhodes, DC	Green Terror (5)
Harrison Miller, F&M	Delaware (4)
Matt Bartoloni, F&M	Delaware (5)
Eric Dunklee, GC	Gettysburg Meet (4)
Paul Long, GC	Gettysburg Meet (5)
Gabe Tonkin, JHU	Balt. Metro (2)
Travis Koh, JHU	Balt. Metro (4)
Andrew Bauerschmidt, JHU	Balt. Metro (5)
Stephen Rothwell, MUHL	Green Terror (3)

Women

Emily Hulme, DC	Capital (3)
	Green Terror (2)
	Little Three (1)
Elane Gottshall, GC	Gettysburg Meet (1)
	Green Terror (2)
	Messiah Meet (1)
Tasha Young, MCD	Gettysburg Meet (3)
	Green Terror (4)
	Capital (5)
Caitlin Strahota, DC	Green Terror (1)
Meredith Janeczek, F&M	Gettysburg Meet (2)
Anne Leonard, GC	Gettysburg Meet (3)
Barbara Creveling, GC	Gettysburg Meet (4)
Holly Macko, GC	Gettysburg Meet (5)
Laura Rogers, GC	HAV Time Trial (3)
Francesca Duffy, HAV	HAV Time Trial (3)
Clare Eshenour, HAV	HAV Time Trial (3)
Emma Lo, HAV	HAV Time Trial (3)
Angela Kaon, JHU	Balt. Metro (4)
Jenna Belisonzi, MUHL	Green Terror (3)

2004 Centennial Conference Men's Cross Country Schedules

Dickinson

S1	Elizabethtown % Messiah %	L, 23-32 W, 24-35
S11	at Lebanon Valley Invitational	2nd/21
S15	Gettysburg # at Franklin & Marshall #	W, 18-43 W, 16-47
S25	at Allegheny Invitational	
O2	DICKINSON INVITATIONAL	11:00
O16	at DeSales Invitational	10:30
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

% at Capital Classic.

Little Three Championship at Frank. & Marsh.

Franklin & Marshall

S4	at Delaware Invitational	1st/11
S11	at McDaniel Invitational	3rd/8
S15	DICKINSON # GETTYSBURG #	L, 47-16 W, 26-29
S25	at Allegheny Invitational	10:00
O2	at Dickinson Invitational	10:30
O9	at Goucher Invitational	10:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

LITTLE THREE CHAMPIONSHIP

Gettysburg

S1	McDANIEL	W, 26-32
S11	at McDaniel Challenge	2nd/8
S15	Dickinson # at Franklin & Marshall #	L, 18-43 L, 29-26
S18	at Messiah	L, 27-30
S25	at George Washington Invitational	10:45
O2	at Dickinson Invitational	10:30
O16	GETTYSBURG INVITATIONAL	12:00
O23	at Elizabethtown Invitational	12:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

Little Three Championship at Frank. & Marsh.

Haverford

S18	ALUMNI MEET	N/S
S25	at Paul Short Run	9:30
O5	VILLANOVA	5:50
O16	at Jim Drews Invitational	10:30
O22	Haverford Invitational	5:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

Johns Hopkins

S3	at Baltimore Metro Invitational	1st/5
S18	at NYU Invitational	T5th/27
S25	at York Invitational	
O9	at Goucher Invitational at Disney Classic	10:00
O16	at Gettysburg Invitational	10:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

McDaniel

S1	at Gettysburg	L, 32-26
S3	at Baltimore Metro Invitational	2nd/5
S11	GREEN TERROR CHALLENGE	4th/8
S18	at York Invitational	cancelled
S25	at Allegheny Invitational	10:30
O1	at Ukrops Festival	4:30
O16	at Gettysburg Invitational	10:30
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

Muhlenberg

S3	at Lehigh Valley Championship #	4th/5
S11	at McDaniel Invitational	1st/8
S18	MULE/FALCON CLASSIC &	cancelled
S25	at Paul Short Invitational	11:00
O16	at DeSales Invitational	11:45
O22	at Haverford Invitational	5:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

at Lehigh
& at Cedar Crest

Swarthmore

S1	at Osprey Invitational #	6:00
S11	ALUMNI MEET	N/S
S25	at Paul Short Invitational	10:00
O2	at Dickinson Invitational	
O5	at Haverford Meet	5:00
O16	at Williams Meet	1:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

at Richard Stockton

Ursinus

S11	at Lebanon Valley Invitational	12th/21
S18	at Muhlenberg Invitational	Cancelled
S25	at Philadelphia Metro Champ. #	
O2	at Belmont Plateau	
O9	at Goldey Beacom Classic	
O22	at Haverford Invitational	4:30
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

at Belmont Plateau

2004 Centennial Conference Women's Cross Country Schedules

Bryn Mawr

S4	at Haverford Time Trial	N/S
S18	at Mule/Falcon Invitational #	Cancelled
S25	at Paul Short Invitational	12:00
O2	at Dickinson Invitational	12:00
O16	at Seven Sisters Meet &	11:00
O22	at Haverford Invitational	4:30
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

at Cedar Crest & at Mt. Holyoke

Dickinson

S1	Elizabethtown % Messiah %	W, 28-31 W, 15-50
S11	at Lebanon Valley Invitational	1st/19
S15	Gettysburg # at Franklin & Marshall #	W, 17-46 W, 18-45
S25	at Allegheny Invitational	
O2	DICKINSON INVITATIONAL	11:00
O16	at DeSales Invitational	10:30
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

% at Capital Classic.

Little Three Championship at Frank. & Marsh.

Franklin & Marshall

S4	at Delaware Invitational	2nd/10
S11	at McDaniel Invitational	3rd/7
S15	DICKINSON # GETTYSBURG #	L, 45-18 L, 29-26
S25	at Allegheny Invitational	10:00
O2	at Dickinson Invitational	10:30
O9	at Goucher Invitational	10:30
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

LITTLE THREE CHAMPIONSHIP

Gettysburg

S1	McDANIEL	W, 15-50
S11	at McDaniel Challenge	2nd/7
S15	Dickinson # at Franklin & Marshall #	L, 46-17 W, 26-29
S18	at Messiah Junata \$	10:30
S25	at George Washington Invitational	10:45
O2	at Dickinson Invitational	10:30
O16	GETTYSBURG INVITATIONAL	12:00
O23	at Elizabethtown Invitational	12:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

Little Three Championship at Frank. & Marsh.
\$ at Messiah

Haverford

S3	TIME TRIAL	N/S
S18	ALUMNI MEET	N/S
S25	at Philadelphia Metro Meet	11:00
O2	at LaSalle Invitational	
O5	VILLANOVA, SWARTHMORE	5:00
O16	at Seven Sisters Championships	11:00
O22	Haverford Invitational	5:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

Johns Hopkins

S3	at Baltimore Metro Invitational	2 nd /6
S18	at NYU Invitational	7th/22
S25	at York Invitational	
O9	at Goucher Invitational at Disney Classic	10:00
O16	at Gettysburg Invitational	10:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

McDaniel

S1	at Gettysburg	L, 50-15
S3	at Baltimore Metro Invitational	3rd/6
S11	GREEN TERROR CHALLENGE	4th/7
S18	at York Invitational	Cancelled
S25	at Allegheny Invitational	10:30
O1	at Ukrops Festival	4:30
O16	at Gettysburg Invitational	10:30
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

Muhlenberg

S3	at Lehigh Valley Championship #	6th/6
S11	at McDaniel Invitational	1sy/7
S18	MULE/FALCON CLASSIC &	Cancelled
S25	at Paul Short Invitational	11:00
O16	at DeSales Invitational	11:45
O22	at Haverford Invitational	5:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

at Lehigh
& at Cedar Crest

Swarthmore

S1	at Osprey Invitational #	6:00
S11	ALUMNI MEET	N/S
S25	at Paul Short Invitational	10:00
O2	at Dickinson Invitational	
O5	at Haverford Meet	5:00
O16	at Williams Meet	1:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

at Richard Stockton

Ursinus

S11	at Lebanon Valley Invitational	14 th /19
S18	at Muhlenberg Invitational	Canceled
S25	at Philadelphia Metro Champ.	
O2	at Belmont Plateau	
O9	at Goldey Beacom Classic	
O22	at Haverford Invitational	4:30
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals	11:00