



Centennial Conference Cross Country

SEPTEMBER 8, 2004

563 College Avenue, B-101, Lancaster, PA 17603

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Men: <http://www.centennial.org/CrossCountry/men/index.html>

Women: <http://www.centennial.org/CrossCountry/women/index.html>

BRYN MAWR

9/3 - at Haverford Time Trials - N/S

Top Finisher:

12. Laura Cyckowski, 22:02

DICKINSON

MEN:

9/1 - at Capital Area Classic

vs. Elizabethtown - L, 32-23

vs. Messiah - W, 24-35

Top Five Finishers:

4. Matt Liebal, So, 16:32
7. Rob Dausers, So, 16:49
9. Tom Morgan, Fr, 16:54
10. Evan Sparling, Fr, 17:02
11. Jeff Baroody, Sr, 17:06

WOMEN:

9/1 - at Capital Area Classic

vs. Elizabethtown - W, 28-31

vs. Messiah - W, 15-50

Top Five Finishers:

3. Emily Hulme, Jr, 19:19
5. Caitlin Strahota, Fr, 19:49
6. Andrea Pope, Sr, 20:04
7. Annie Scogin, Jr, 20:12
8. Abbey Ferguson, So, 20:17

FRANKLIN & MARSHALL

MEN:

9/4 - at Delaware Invitational - 1st/11

Top Five Finishers:

4. Harrison Miller, 29:00.6
5. Matt Bartoloni, 29:07.7
6. Aldace Fleming, 29:11.5
12. Matt Batzel, 29:58.0
13. Charlie Bowen, 30:01.0

WOMEN:

9/6 - at Delaware Invitational - 2nd/10

Top Five Finishers:

7. Yanira Figueroa, 26:32
8. Colette Buchanan, 26:36
10. Megan Feehan, 27:09
16. Shannon Weir, 27:55
17. Jayme Ewanichak, 28:05

GETTYSBURG

MEN:

9/1 - Gettysburg 26, McDaniel 32

Top Five Finishers:

2. Andy Carmer, 16:42.0
4. Eric Dunklee, 17:23.5
5. Paul Long, 17:34.5
7. P.J. Hart, 17:36.8
8. Chris Magette, 17:43.6

WOMEN:

9/1 - Gettysburg 15, McDaniel 50

Top Five Finishers:

1. Elane Gottshall, 11:48.2
2. Anne Leonard, 11:59.7
3. Barbara Creveling, 12:22.4
4. Holly Macko, 12:25.5
5. Laura Rogers, 12:27.6

HAVERFORD

MEN: Did not compete

WOMEN:

9/3 - Haverford Time Trials - N/S

Top Five Finishers:

3. Francesca Duffy, 20:01
4. Clare Eshenour, 20:02
5. Emma Lo, 20:03
5. Deirdre Din, 20:06
9. Annick Lamar 20:06

JOHNS HOPKINS

MEN:

9/3 - at Baltimore Metro Invite - 1st/5

Top Five Finishers:

2. Gabe Tonkin, Jr, 28:09
4. Travis Koh, So, 28:42
5. Andrew Bauerschmidt, Jr, 28:50
7. Eric Scrivner, Sr, 29:08
8. Jason Chiang, So, 29:16

WOMEN:

9/3 - at Baltimore Metro Invite - 2nd/6

Top Five Finishers:

4. Angela Kaon, Fr, 20:04
8. Jacci Clauss, Fr, 20:35
10. Frannie Koenig, Fr, 20:42
21. Alyson Hettrick, Fr, 21:52
22. Allyson Seger, Fr, 21:54

McDANIEL

MEN:

9/1 - at Gettysburg - L, 32-26

Top Five Finishers:

1. Paul Hugus, Jr, 16:29.6
3. Matt Rouse, So, 17:13.3
6. Ben Brown, So, 17:34.7
10. Tim Snyder, Fr, 18:15.6
20. David Wigtil, Sr, 23:20.4

9/3 - at Baltimore Metro Invite - 2nd/6

Top Five Finishers:

1. Paul Hugus, Jr, 27:59
6. Matt Rouse, So, 28:52
10. Ben Brown, So, 30:01
21. Tim Snyder, Fr, 32:39
33. Dave Wigtil, Sr, 41:23

WOMEN:

9/1 - at Gettysburg - L, 50-15

Top Five Finishers:

9. Joan Namasinga, So, 12:44.6
11. Kelly Gruber, Jr, 12:54.9
12. Kristen Aversa, Jr, 12:56.8
16. Anna Jones, Sr, 13:37.3
19. Jessica Dittman, Fr, 14:03.8

9/3 - at Baltimore Metro Invite - 3rd/6

Top Five Finishers:

3. Tasha Young, Jr, 19:55
9. Lianne Price, So, 20:38
19. Joan Namasinga, So, 21:45
20. Kristen Aversa, Jr, 21:50
26. Kelly Gruber, Jr, 22:15

MUHLENBERG

MEN:

9/3 - at Lehigh Valley Champ. - 4th/5

Top Five Finishers:

5. Alexander Hotz, 26:24.0
25. Lex Mercado, 27:51.0
27. Tim Seeley, 27:58.0
33. Stephen Rothwell, 28:21.0
34. Christopher Martin, 28:23.0

WOMEN:

9/3 - at Lehigh Valley Champ. - 6th/6

Top Five Finishers:

21. Jenna Belisonzi, 24:46.0
27. Karen Mount, 25:06.0
37. Sara Gearin, 25:59.0
42. Laura Clinton, 26:35.0
46. Christy Grandjean, 26:58.0

SWARTHMORE

MEN: Did Not Compete

WOMEN: Did Not Compete

URSINUS

MEN: Did Not Compete

WOMEN: Did Not Compete

Coaches Rankings

MEN

Will begin on Wednesday 9/15

MEN

Compiled by Peter Carroll, Swarthmore

WOMEN

Compiled by Dan Talbot, Bryn Mawr

Centennial Conference Honor Roll

Rob Dausas, Dickinson (Fr, Baltimore, MD / Lock Raven) - Dausas was seventh overall as the Devils' number two runner, leading Dickinson to a second-place showing at the Capital Area Classic.

Caitlin Strahota, Dickinson (Fr, Wellsboro, PA / Wellsboro) - Strahota placed fifth overall and was the Devils' number two runner in her first collegiate race as the Dickinson women captured the Capital Area Classic and extended its unbeaten dual-meet streak to 46 straight races.

Harrison Miller, Franklin & Marshall (Fr, Cherry Hill, NJ / Cherry Hill) - Miller crossed the finish line in 29:00.6 to finish fourth in his first intercollegiate cross country meet to lead F&M to the 2004 Delaware Valley Invitational title.

Yanira Figueroa, Franklin & Marshall (Sr, Mount Vernon, NY / Tuckahoe) finished seventh to lead the Diplomats to a second place finish at the Delaware Valley Invitational.

Andrew Carmer, Gettysburg (So, Parkton, MD / Dulaney) - Carmer was the top Bullet finisher in a dual meet with McDaniel on Wednesday, crossing second overall in a time of 16:42 for the 5,000-meter race to lead Gettysburg to a 26-32 victory.

Elane Gottshall, Gettysburg (Sr, Lansdale, PA / Methacton) - Gottshall won the season-opening 3,000-meter race to lead Gettysburg to a 15-50 win over McDaniel in a dual meet on Wednesday. She ran a time of 11:48.2, leading Bullets over the line in the first eight spots.

Francesca Duffy, Haverford (Sr, Middletown, DE / St. Andrew's School) Running in her first varsity cross country race, Duffy was Fords' top finisher at the Haverford Time Trial, finishing third in 20:01 behind Adrianna Boyle (19:38) and Margaret Betancourt (19:49) of LaSalle. The Fords and Explorers swept the first 10 places in Friday evening's three-mile event on Featherbed Fields.

Gabe Tonkin, Johns Hopkins (Jr, Santa Barbara, CA / San Marcos) - Tonkin finished second in the Baltimore Metro Invitational with a time of 28:09, and led the Blue Jay men to their first win in the Baltimore Metro Invitational.

Angela Kaon, Johns Hopkins (Fr, Bridgewater, NJ / Bridgewater-Raritan) - Kaon finished fourth, with a time of 20:04, in the Baltimore Metro Invitational, her first collegiate meet, and helped lead the Blue Jays to a second place finish.

Paul Hugus, McDaniel (Jr, Baltimore, MD / Loch Raven) - Hugus took first place in each of the two races he ran last week (Gettysburg Dual & Baltimore Metro Invitational).

Tasha Young, McDaniel (Jr, Germantown, MD / Seneca Valley) - Young took third place at the Baltimore Metro Invitational turning in the best time (19:55) of any non-Division I athlete in the race.

Alexander Hotz, Muhlenberg (Jr, Mountainside, NJ / Governor Livingston) - Hotz came in fifth at the Lehigh Valley Championships, one second behind a DeSales runner who finished 14th at the 2003 NCAA Championships. The other three runners ahead of him were all Division I athletes.

Sara Gearin, Muhlenberg (Fr, Groton, MA / Groton-Dunstable Regional) - Gearin, in her first collegiate race, was the third Muhlenberg runner across the finish line at the Lehigh Valley Championships.

Division III Preseason National Coaches' Poll

as of September 8

Men

1. Calvin
2. UW-La Crosse
3. North Central
4. Wartburg
5. UW-Oshkosh
6. SUNY-Geneseo
7. UW-Stevens Point
8. Nebraska Wesleyan
9. **Haverford**
Tufts
11. C. of New Jersey
12. Keene State
Willamette
14. Williams
15. Elizabethtown
16. New York Univ.
17. Carleton
18. Ponomia
Loras
20. Otterbein
21. Washington (MO)
22. Augustana
23. St. Olaf
24. Allegheny
25. Albion

Division III Preseason National Coaches' Poll

as of September 8

Women

Not available

Upcoming Schedule

SATURDAY, SEPTEMBER 11

Men's Cross Country

Dickinson, Ursinus at Lebanon Valley Invite
F&M, Muhlenberg, Gettysburg at McDaniel
Invite
Alumnae Meet at Swarthmore

Women's Cross Country

Dickinson, Ursinus at Lebanon Valley Invite
F&M, Muhlenberg, Gettysburg at McDaniel
Invite
Alumnae Meet at Swarthmore

Around the Conference

FIRST WIN: The win is the first JHU men's cross country win of the Baltimore Metro Invitational.

A YOUTH MOVEMENT: The top five JHU runners on the women's side in the Baltimore Metro Invitational were all freshman.

THE MORE THINGS CHANGE, THE MORE THEY STAY THE SAME: For the first time since the Centennial Conference began in 1993, Gettysburg has a change at the top. Anne Schenck, seven-time letterwinner with the Gettysburg track and field program, took over for Bob Condon at the start of the season. The new mentor is off to a strong start, grabbing her first cross country coaching wins on Wednesday in a dual meet with McDaniel. Her women, led by Elane Gottshall's first individual victory of her collegiate career, won 15-50 while the men took a 26-32 win.

Top 5 Finishes

Men

Paul Hugus, MCD	Gettysburg Meet (1)
	Balt. Metro (1)
Matt Liebal, DC	Capital (4)
Harrison Miller, F&M	Delaware (4)
Matt Bartoloni, F&M	Delaware (5)
Andy Carmer, GC	Gettysburg Meet (2)
Eric Dunklee, GC	Gettysburg Meet (4)
Paul Long, GC	Gettysburg Meet (5)
Gabe Tonkin, JHU	Balt. Metro (2)
Travis Koh, JHU	Balt. Metro (4)
Andrew Bauerschmidt, JHU	Balt. Metro (5)
Matt Rouse, MCD	Gettysburg Meet (3)
Alexander Hotz, MUHL	LVC (5)

Women

Emily Hulme, DC	Capital (3)
Caitlin Strahota, DC	Capital (5)
Elane Gottshall, GC	Gettysburg Meet (1)
Anne Leonard, GC	Gettysburg Meet (2)
Barbara Creveling, GC	Gettysburg Meet (3)
Holly Macko, GC	Gettysburg Meet (4)
Laura Rogers, GC	Gettysburg Meet (5)
Francesca Duffy, HAV	HAV Time Trial (3)
Clare Eshenour, HAV	HAV Time Trial (3)
Emma Lo, HAV	HAV Time Trial (3)
Angela Kaon, JHU	Balt. Metro (4)
Tasha Young, MCD	Gettysburg Meet (3)

2004 Centennial Conference Men's Cross Country Schedules

Dickinson

S1	Elizabethtown % Messiah %	L, 23-32 W, 24-35
S11	at Lebanon Valley Invitational	11:15
S22	Little Three Championship	5:00
S25	at Allegheny Invitational	
O2	DICKINSON INVITATIONAL	11:00
O16	at DeSales Invitational	10:30
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

% at Capital Classic.
at Franklin & Marshall

Franklin & Marshall

S4	at Delaware Invitational	1 st /11
S11	at McDaniel Invitational	11:15
S15	LITTLE THREE CHAMPIONSHIP	5:30
S25	at Allegheny Invitational	10:00
O2	at Dickinson Invitational	10:30
O9	at Goucher Invitational	10:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

Gettysburg

S1	McDANIEL	W, 26-32
S11	at McDaniel Challenge	10:15
S15	at Little Three Championship #	5:30
S18	at Messiah Juniata \$	10:30
S25	at George Washington Invitational	10:45
O2	at Dickinson Invitational	10:30
O16	GETTYSBURG INVITATIONAL	12:00
O23	at Elizabethtown Invitational	12:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

at Franklin & Marshall
\$ at Messiah

Haverford

S18	ALUMNI MEET	9:30
S25	at Paul Short Run	9:30
O5	VILLANOVA	5:50
O16	at Jim Drews Invitational	10:30
O22	HAVERFORD INVITATIONAL	5:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

Johns Hopkins

S3	at Baltimore Metro Invitational	1 st /5
S18	at NYU Invitational	10:00
S25	at York Invitational	
O9	at Goucher Invitational at Disney Classic	10:00
O16	at Gettysburg Invitational	10:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

McDaniel

S1	at Gettysburg	L, 32-26
S3	at Baltimore Metro Invitational	2 nd /5
S11	GREEN TERROR CHALLENGE	10:30
S18	at York Invitational	11:00
S25	at Allegheny Invitational	10:30
O1	at Ukrops Festival	4:30
O16	at Gettysburg Invitational	10:30
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

Muhlenberg

S3	at Lehigh Valley Championship #	4 th /5
S11	at McDaniel Invitational	12:00
S18	MULE/FALCON CLASSIC &	11:00
S25	at Paul Short Invitational	11:00
O16	at DeSales Invitational	11:45
O22	at Haverford Invitational	5:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

at Lehigh
& at Cedar Crest

Swarthmore

S1	at Osprey Invitational #	6:00
S11	ALUMNI MEET	12:00
S25	at Paul Short Invitational	10:00
O2	at Dickinson Invitational	
O5	at Haverford Meet	5:00
O16	at Williams Meet	1:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

at Richard Stockton

Ursinus

S11	at Lebanon Valley Invitational	11:15
S18	at Muhlenberg Invitational	10:00
S25	at Philadelphia Metro Champ. #	
O2	at Belmont Plateau	
O9	at Goldey Beacom Classic	
O22	at Haverford Invitational	4:30
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

at Belmont Plateau

2004 Centennial Conference Women's Cross Country Schedules

Bryn Mawr

S4	at Haverford Time Trial	N/S
S18	at Mule/Falcon Invitational #	10:00
S25	at Paul Short Invitational	12:00
O2	at Dickinson Invitational	12:00
O16	at Seven Sisters Meet &	11:00
O22	at Haverford Invitational	4:30
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

at Cedar Crest & at Mt. Holyoke

Dickinson

S1	Elizabethtown % Messiah %	W, 28-31 W, 15-50
S11	at Lebanon Valley Invitational	11:15
S22	Little Three Championship	5:00
S25	at Allegheny Invitational	
O2	DICKINSON INVITATIONAL	11:00
O16	at DeSales Invitational	10:30
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

% at Capital Classic.
at Franklin & Marshall

Franklin & Marshall

S4	at Delaware Invitational	2 nd /10
S11	at McDaniel Invitational	11:15
S15	LITTLE THREE CHAMPIONSHIP	5:30
S25	at Allegheny Invitational	10:00
O2	at Dickinson Invitational	10:30
O9	at Goucher Invitational	10:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

Gettysburg

S1	McDANIEL	W, 15-50
S11	at McDaniel Challenge	10:15
S15	at Little Three Championship #	5:30
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O23	at Elizabethtown Invitational	12:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

at Franklin & Marshall
\$ at Messiah

Haverford

S3	TIME TRIAL	N/S
S18	ALUMNI MEET	9:30
S25	at Philadelphia Metro Meet	11:00
O2	at LaSalle Invitational	
O5	VILLANOVA, SWARTHMORE	5:00
O16	at Seven Sisters Championships	11:00
O22	HAVERFORD INVITATIONAL	5:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

Johns Hopkins

S3	at Baltimore Metro Invitational	2 nd /6
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S25	at York Invitational	
O9	at Goucher Invitational at Disney Classic	10:00
O16	at Gettysburg Invitational	10:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

McDaniel

S1	at Gettysburg	L, 50-15
S3	at Baltimore Metro Invitational	3 rd /6
S11	GREEN TERROR CHALLENGE	10:30
S18	at York Invitational	11:00
S25	at Allegheny Invitational	10:30
O1	at Ukrops Festival	4:30
O16	at Gettysburg Invitational	10:30
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

Muhlenberg

S3	at Lehigh Valley Championship #	6 th /6
S11	at McDaniel Invitational	12:00
S18	MULE/FALCON CLASSIC &	11:00
S25	at Paul Short Invitational	11:00
O16	at DeSales Invitational	11:45
O22	at Haverford Invitational	5:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

at Lehigh
& at Cedar Crest

Swarthmore

S1	at Osprey Invitational #	6:00
S11	ALUMNI MEET	12:00
S25	at Paul Short Invitational	10:00
O2	at Dickinson Invitational	
O5	at Haverford Meet	5:00
O16	at Williams Meet	1:00
O30	Centennial Conference Champ. at McDaniel	11:00
N13	at NCAA Mid-East Regionals at Allegheny	11:00

at Richard Stockton

Ursinus

S11	at Lebanon Valley Invitational	11:15
S18	at Muhlenberg Invitational	10:00
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