

Centennial Conference Men's Cross Country Record Book

Championship Meet Results

1993 at Dickinson

Haverford 31, Franklin & Marshall 43, Swarthmore 91, Gettysburg 91, Western Maryland 157, Dickinson 159, Johns Hopkins 192, Muhlenberg 204, Ursinus 247.

1994 at Gettysburg

Haverford 20, Gettysburg 69, Franklin & Marshall 70, Swarthmore 114, Dickinson 165, Johns Hopkins 173, Western Maryland 181, Muhlenberg 202, Ursinus 254.

1995 at Swarthmore

Haverford 23, Gettysburg 65, Franklin & Marshall 70, Swarthmore 106, Dickinson 135, Johns Hopkins 161, Muhlenberg 196, Ursinus 200, Western Maryland inc.

1996 at Gettysburg

Haverford 23, Franklin & Marshall 58, Gettysburg 81, Dickinson 113, Swarthmore 127, Ursinus 159, Johns Hopkins 178, Western Maryland 228, Muhlenberg 263.

1997 at Ursinus

Haverford 22, Franklin & Marshall 58, Gettysburg 70, Dickinson 119, Johns Hopkins 155, Ursinus 164, Swarthmore 173, Muhlenberg 197, Western Maryland 271.

1998 at Western Maryland

Haverford 26, Dickinson 84, Gettysburg 90, Johns Hopkins 90, Franklin & Marshall 106, Swarthmore 151, Ursinus 197, Muhlenberg 242, Western Maryland 244.

1999 at Gettysburg

Haverford 25, Dickinson 70, Swarthmore 78, Gettysburg 103, Johns Hopkins 151, Franklin & Marshall 155, Muhlenberg 190, Ursinus 205, Western Maryland 272.

2000 at Western Maryland

Haverford 19, Dickinson 69, Gettysburg 102, Muhlenberg 107, Johns Hopkins 125, Swarthmore 143, Franklin & Marshall 164, Western Maryland 237, Ursinus inc.

2001 at Dickinson

Haverford 17, Dickinson 66, Gettysburg 100, Muhlenberg 105, Swarthmore 107, Johns Hopkins 171, Franklin & Marshall 229, Western Maryland 242, Ursinus 266.

2002 at Ursinus

Haverford 24, Muhlenberg 35, Dickinson 88, Johns Hopkins 112, Swarthmore 132, Gettysburg 151, Franklin & Marshall 191, McDaniel 235, Ursinus 272.

Team Championships: Haverford 10.

Individual Championships: Haverford 8, Franklin & Marshall 2.

Team and Individual Champions

Year	Team Champion	Score	Individual Champion	Site
1993	Haverford	31	Steve Monaco, Franklin & Marshall (24:53.4)	Dickinson
1994	Haverford	20	Karl Paranya, Haverford (25:48)	Gettysburg
1995	Haverford	23	Karl Paranya, Haverford (26:44.1)	Swarthmore
1996	Haverford	23	Karl Paranya, Haverford (26:45.0)	Gettysburg
1997	Haverford	22	Ntobeko Ntusi, Haverford (28:04)	Ursinus
1998	Haverford	26	Jason Bernstein, Haverford (26:11.75)	Western Maryland
1999	Haverford	25	Frank McCartney, Franklin & Marshall (25:51.44)	Gettysburg
2000	Haverford	19	J.B. Haglund, Haverford (26:15.75)	Western Maryland
2001	Haverford	17	J.B. Haglund, Haverford (25:19)	Dickinson
2002	Haverford	24	Brandon Rowe, Haverford (27:29.6)	Ursinus

Annual Finishes	93	94	95	96	97	98	99	00	01	02
Dickinson	6	5	5	4	4	2	2	2	2	3
Franklin & Marshall	2	3	3	2	2	5	6	7	7	7
Gettysburg	3	2	2	3	3	3	4	3	3	6
Haverford	1	1	1	1	1	1	1	1	1	1
Johns Hopkins	7	6	6	7	5	4	5	5	6	4
McDaniel	5	7	9	8	9	9	9	8	8	8
Muhlenberg	8	8	7	9	8	8	7	4	4	2
Swarthmore	3	4	4	5	7	6	3	6	5	5
Ursinus	9	9	8	6	6	7	8	9	9	9

All-Centennial Conference First Teams

1993: Steve Monaco, Franklin & Marshall; Nate Suter, Haverford; Brian Todd, Franklin & Marshall; Luke Kiskaddon, Franklin & Marshall; Karl Paranya, Haverford; Mark Gyandoh, Haverford; Morgan Andreae, Haverford.

1994: Karl Paranya, Haverford; Luke Kiskaddon, Franklin & Marshall; Mark Gyandoh, Haverford; Ian Fraser, Haverford; Nate Suter, Haverford; Bill Gray, Gettysburg; Pre Gupta, Haverford.

1995: Karl Paranya, Haverford; Ntobeko Ntusi, Haverford; Bill Gray, Gettysburg; Luke Kiskaddon, Franklin & Marshall; Mark Gyandoh, Haverford; Kris Weum, Gettysburg; Chris Hood, Haverford.

1996: Karl Paranya, Haverford; Hilton Robinson, Franklin & Marshall; Aaron Cooper, Haverford; Chris Hood, Haverford; Jon Coldren, Dickinson; Ntobeko Ntusi, Haverford; Lowell Ladd, Dickinson.

1997: Ntobeko Ntusi, Haverford; Aaron Cooper, Haverford; Stephon Petro, Haverford; Brian Shiner, Franklin & Marshall; Blake Axelrod, Haverford; Kris Weum, Gettysburg; Lowell Ladd, Dickinson.

1998: Jason Bernstein, Haverford; Frank McCartney, Franklin & Marshall; Brendon Clark, Gettysburg; Blake Axelrod, Haverford; Nate Boice, Dickinson; Nathan Wright, Haverford; Joe McCool, Haverford.

1999: Frank McCartney, Franklin & Marshall; Liam O'Neill, Swarthmore; Joe McCool, Haverford; Stephon Petro, Haverford; Garth Terry, Haverford; Nathan Wright, Haverford; Doug Bennett, Haverford.

2000: J.B. Haglund, Haverford; Marc Jeuland, Swarthmore, Stephen Petro, Haverford; Peter Rook, Haverford; Greg Bielecki, Haverford; Joe McCool, Haverford; Brad Haywood, Dickinson.

2001: J.B. Haglund, Haverford; Peter Rook, Haverford; Ronnie Bossert, Haverford; Nick Grover, Dickinson; Jim Steinemann, Haverford; Greg Bielecki, Haverford; Doug Bennett, Haverford.

2002: Brandon Rowe, Haverford; Greg Bielecki, Haverford; Will Elson, Muhlenberg; Will McGuire, Haverford; Rob Uniszkiwicz, Muhlenberg; Bobby Cannon, Haverford; Brendan Gallagher, Muhlenberg.

First Team Selections: Haverford 45, Franklin & Marshall 9, Dickinson 6, Gettysburg 5, Muhlenberg 3, Swarthmore 2.

Three and Four-Time All-Centennial Selections

Since 1993, there have been six runners who have been named first-team All-Centennial three times - Luke Kiskaddon, Franklin & Marshall, 1993-94-95; Mark Gyandoh, Haverford, 1993-94-95; Ntobeko Ntusi, Haverford, 1995-96-97; Joe McCool, Haverford, 1998-99-00; Stephen Petro, Haverford, 1997-99-00 and Greg Bielecki, Haverford, 2000-01-02.

One runner, Haverford's Karl Paranya has been named first-team All-Centennial four times - 1993-94-95-96.

The Centennial Conference in the NCAA Championship Meet

1993 Haverford, 10th (281 pts.)
1994 Haverford, 10th (298), Gettysburg, 20th (515)
1995 Haverford, 11th (297), Franklin & Marshall, 19th (446)
1996 Haverford, 9th (253)
1997 Haverford, 9th (273)
1998 Haverford, 18th (371)
1999 Haverford, 19th (401)
2000 Haverford, 9th (236)
2001 Haverford, 12th (316)
2002 Haverford, 19th (420)

Centennial Runners in the NCAA Championship Meet (top 20)

1993 Stephen Monaco, Franklin & Marshall, 14th (25:12.3)
1994 Karl Paranya, Haverford, 11th (25:17.1)
1995 Karl Paranya, Haverford, 5th (24:25.9);
Luke Kiskaddon, Franklin & Marshall, 9th (24:33.9)
1996 Karl Paranya, Haverford, 2nd (24:11)
2000 J.B. Haglund, Haverford, 13th (25:25.0)
2001 J.B. Haglund, Haverford, 1st (24:16.0)

All-Americans (top 35 finishers)

1993 Stephen Monaco, Franklin & Marshall
1994 Karl Paranya, Haverford; Bill Gray, Gettysburg
1995 Karl Paranya, Haverford; Luke Kiskaddon, Franklin & Marshall
1996 Karl Paranya, Haverford
1997 Aaron Cooper, Haverford
1998 Frank McCartney, Franklin & Marshall
1999 Frank McCartney, Franklin & Marshall
2000 J.B. Haglund, Haverford
2001 J.B. Haglund, Haverford

Centennial Conference Team Champions at Mideast Regional

1993 Haverford
1994 Haverford
1995 Haverford
1996 Haverford
1997 Haverford
1999 Haverford
2000 Haverford
2001 Haverford

Centennial Conference Individual Champions at Mideast Regional

1999 Frank McCartney, Franklin & Marshall
2000 J.B. Haglund, Haverford

CoSIDA Academic All-Americans

1996 Paul DiCamillo, Johns Hopkins (3rd)
1997 Paul DiCamillo, Johns Hopkins (1st)
Jim Mangan, Haverford (3rd)

NCAA Post-Graduate Scholarship Recipients

2001 J.B. Haglund, Haverford