

## All-Centennial Conference First Teams

**1993:** F-Melissa Bonder, Jr, Swarthmore. F-Beth Cariello, Sr, Johns Hopkins. F-Amy Washburn, Gettysburg. F-Akiko Miyahara, Dickinson. M-Aimee Sato, Haverford. M-Lia Ernst, Swarthmore. M-Sonia Dickson, Johns Hopkins. M-Polly Walton, Dickinson. B-Edina Rheem, Bryn Mawr. B-Sara Hatfield, Gettysburg. GK-Kelly Schenke, Franklin & Marshall.

**1994:** F-Akiko Miyahara, Dickinson. F-Jewel Goode, Bryn Mawr. F-Koren Miller, Haverford. F-Brooke Doherty, Dickinson. F-Sue Bradway, Gettysburg. M-Melissa Bonder, Sr, Swarthmore. M-Lia Ernst, Swarthmore. M-Kristen Stuckel, Gettysburg. B-Krista McEvoy, Gettysburg. B-Kellie Mitros, Western Maryland. B-Jocelyn Polston, Johns Hopkins. GK-Kelly Schenke, Franklin & Marshall.

**1995:** F-Danielle Duffy, So, Swarthmore; F-Brooke Doherty, Dickinson; F-Tedra Fazendeiro, Gettysburg; F-Becky Griffith, Gettysburg; M-Lia Ernst, Swarthmore; M-Kate Mason, Jr, Gettysburg; M-Sarah Sobon, So, Washington; M-Jen Bowersox, Muhlenberg; M-Jodi Wagner, Western Maryland; B-Kellie Mitros, Western Maryland; B-Katie Roark, Dickinson; B-Jocelyn Polston, Johns Hopkins; GK-Lara Znotens, So, Dickinson.

**1996:** F-Tedra Fazendeiro, Sr, Gettysburg; F-Becky Griffith, Jr, Gettysburg; F-Danielle Duffy, Jr, Swarthmore; F-Christy Rudderow, Jr, Muhlenberg; M-Heidi Hamilton, Sr, Bryn Mawr; M-Sarah Sobon, Jr, Washington; M-Kate Mason, Sr, Gettysburg; B-Erin Flather, Sr, Swarthmore; B-Gretchen Keisel, Sr, Gettysburg; B-Kelli Mitros, Sr, Western Maryland; GK-Kelly Wilcox, Sr, Swarthmore.

**1997:** F-Danielle Duffy, Sr, Swarthmore; F-Becky Griffith, Sr, Gettysburg; F-Maria Fontoura, Sr, Johns Hopkins; F-Christyl Arrabal, So, Washington; F-Holly Baker, Jr, Swarthmore; M-Sarah Sobon, Sr, Washington; M-Mandy Paré, Jr, Washington; B-Michelle Walsh, Sr, Swarthmore; B-Quincy Miles, So, Washington; B-Nicole Clawson, Sr, Franklin & Marshall; GK-Emily Kupprion, Sr, Bryn Mawr.

**1998:** F-Steph Fisher, Jr, Gettysburg. F-Holly Baker, Sr, Swarthmore. F-Donna Griffin, Sr, Swarthmore. F-Christyl Arrabal, Jr, Washington. M-Laura DeSario, Jr, Gettysburg. M-Mandy Pare, Sr, Washington. M-Anna Spognardi, Sr, Gettysburg. B-Megan Eddinger, So, Gettysburg. B-Alexis Pennotti, Sr, Johns Hopkins. B-Quincy Miles, Jr, Washington. GK-Audra Krupp, Sr, Franklin & Marshall.

**1999:** F-Amy Stambaugh, Sr, Gettysburg. F-Steph Fisher, Sr, Gettysburg. F-Christyl Arrabal, Sr, Washington. M-Lauren Carney, Jr, Johns Hopkins. M-Kristen English, Jr, Swarthmore. M-Laura DeSario, Sr, Gettysburg. M-Barbara Ordes, Sr, Johns Hopkins. B-Jenny Silverman, Sr, Johns Hopkins. B-Quincy Miles, Sr, Washington. B-Megan Eddinger, Jr, Gettysburg. G-Katie Reyter, Jr, Johns Hopkins. GK-Toby Wilmet, Jr, Washington.

**2000:** F-Jenni White, Sr, Gettysburg. F-Katie Bean, So, Dickinson. F-Amy Bruschi, Sr, Johns Hopkins. F-Kerry Lambert, Sr, Muhlenberg. M-Lauren Carney, Sr, Johns Hopkins. M-Kristen English, Sr, Swarthmore. M-Gen Moyer, Sr, Franklin & Marshall. B-Carole Caine, Sr, Muhlenberg. B-Katie Tarr, Jr, Swarthmore. B-Amy Centenni, Jr, Gettysburg. B-Megan Daily, So, Washington. GK-Toby Wilmet, Sr, Washington.

**2001:** F-Kim Cariello, Sr, Swarthmore. F-Jennifer Ferris, Sr, Franklin & Marshall. F-Kristy Moore, Sr, Gettysburg. F-Caroline Gouin, So, Dickinson. F-Ashley Robbins, Sr, Johns Hopkins. M-Melissa Eicken, Sr, Muhlenberg. M-Jessica McAdams, Jr, Washington. B-Megan Daily, Jr, Washington. B-Katie Tarr, Sr, Swarthmore. B-Amy Ritter, So, Gettysburg. GK-Missi Schafhauser, Jr, Johns Hopkins.

**2002:** F-Laura Scimeca, So, Washington. F-Kristen Bruschi, So, Muhlenberg. F-Kristin Talarovich, Jr, McDaniel. M-Meighan Roose, Fr, Johns Hopkins. M-Kelly Hewitt, Jr, Johns Hopkins. M-Alison Reindle, Sr, Franklin & Marshall. B-Kim Camponelli, Jr, McDaniel. B-Amy Ritter, Jr, Gettysburg. B-Missy Tine, Jr, Washington. B-Lindsay Mohr, So, Franklin & Marshall. GK-Becky Arnold, Jr, McDaniel.

**2003:** F-Kelly Hewitt, Sr, Johns Hopkins. F-Laura Scimeca, Jr, Washington. F-Kristin Talarovich, Sr, McDaniel. F-Eileen Keever, So, Franklin & Marshall. M-Amy Midgeley, Sr, Ursinus. M-Amanda Young, Sr, Ursinus. M-Sarah Hyslop, Jr, Dickinson. M-Ashlee Duncan, Sr, Johns Hopkins. B-Kim Camponelli, Sr, McDaniel. B-Amy Ritter, Sr, Gettysburg. B-Missy Tine, Sr, Washington. GK-Jessy O'Neill, Sr, Gettysburg.

**2004:** F-Eileen Keever, Jr, Franklin & Marshall. F-Meg Goddu, Jr, Gettysburg. F-Laura Scimeca, Sr, Washington. F-Katie Austin, So, Dickinson. F-Brittany Croll, Jr, Franklin & Marshall. F-Kristen Bruschi, Sr, Muhlenberg. M-Ashley Ettinger, Jr, Ursinus. M-Sarah Hyslop, Sr, Dickinson. B-Joyce Anne Koubaroulis, Sr, Ursinus. B-Brynn Jackowski, Sr, Franklin & Marshall. B-Jamie Heeneke, Jr, Gettysburg. GK-Jessica Lamina, Fr, Ursinus.

**2005:** F-Meg Goddu, Sr., Gettysburg; F-Brittany Croll, Sr., Franklin & Marshall; F-Dani Unflat, Sr., McDaniel; F-Katie Austin, Jr., Dickinson; F-Eileen Keever, Sr., Franklin & Marshall; M-Ashley Ettinger, Sr., Ursinus; M-Becky Latta, Sr., Gettysburg; M-Meighan Roose, Sr., Johns Hopkins; B-Karen Wendler, Jr., Ursinus; B-Erin Peyton, Sr., Washington; GK-Jess Lamina, So., Ursinus.

**2006:** F-Adair Landy, So., Johns Hopkins; F-Emily Miller, So., Johns Hopkins; F-LisaAnn Polt, Sr., Muhlenberg; M-Kaitlyn Sutherland, So., Ursinus; M-Maura Downey, Sr., Gettysburg; M-Carolanne Bianco, Sr, McDaniel; M-Colleen Nugent, Sr., McDaniel; M-Melissa Buckley, Sr., Ursinus; B-Allison Douth, Sr., Ursinus; B-Mollie Ruben, So., Franklin & Marshall; B-Summer Spicer, Sr., Swarthmore; GK-Jessica Lamina, Jr., Ursinus.

**2007:** F-Adair Landy, Jr., Johns Hopkins; F-Jennie Moore, Jr., Ursinus; Savannah Ruth, Jr., Gettysburg; M-Kait Sutherland, Jr., Ursinus; M-Sarah Latta, Sr., Gettysburg; M-Leah Horton, Jr., Johns Hopkins; M-Lauren Rutt, Sr., Muhlenberg; M-Megan Kelly, Sr., Dickinson; B-Lindsay Solar, Sr., Franklin & Marshall; B-Nikki Thren, Jr., Ursinus; GK-Sophia Tieu, So., Johns Hopkins.

**2008:** F-Jennie Moore, Sr., Ursinus; M-Kait Sutherland, Sr., Ursinus; M-Adair Landy, Sr., Johns Hopkins; M-Mollie Ruben, Sr., Franklin & Marshall; M-Vanessa Pabon, Jr., Gettysburg; M-Brooke Dixon, Sr., McDaniel; B-Leah Horton, Sr., Johns Hopkins; B-Cora Jo Spare, Sr., Washington; B-Nikki Thren, Sr., Ursinus; B-Ali Brant, Jr., Dickinson; GK-Elena Nicholoff, Jr., Washington.

**First-Team Selections:** Gettysburg 36, Johns Hopkins 26, Washington 24, Swarthmore 21, Ursinus 18, Franklin & Marshall 17, McDaniel 13, Dickinson 12, Muhlenberg 9, Bryn Mawr 4, Haverford 2.

### Three-Time All-Centennial Selections

Since 1993 there are 12 players who have been named first-team All-Centennial three times - Lia Ernst, Swarthmore, 1993-94-95; Becky Griffith, Gettysburg, 1995-96-97; Danielle Duffy, Swarthmore, 1995-96-97; Sarah Sobon, Washington, 1995-96-97; Christyl Arrabal, Washington, 1997-98-99; Quincy Miles, Washington, 1997-98-99. Amy Ritter, Gettysburg, 2001-02-03. Laura Scimeca, Washington, 2002-03-04; Eileen Keever, Franklin & Marshall, 2003-04-05; Jessica Lamina, Ursinus, 2004-05-06; Adair Landy, Johns Hopkins, 2006-07-08; Kait Sutherland, Ursinus, 2006-07-08.

### All-Centennial Conference Freshmen

1993	Lia Ernst, Swarthmore, M (1st)	1999	Marissa Giorgio, Dickinson, GK (2nd)
	Kellie Mitros, Western Maryland, B (2nd)	2000	Kim Camponelli, Western Maryland, B (2nd)
	Laura Casey, Dickinson, GK (2nd)	2002	Meighan Roose, Johns Hopkins, M (1st)
1994	Danielle Duffy, Swarthmore, F (2nd)	2003	Neema Patel, Swarthmore, B (2nd)
	Sarah Sobon, Washington, M (2nd)		Karen Lorang, Swarthmore, GK (2nd)
1995	Donna Griffin, Swarthmore, M (2nd)	2004	Jessica Lamina, Ursinus, GK (1st)
1996	Beth Varadian, Bryn Mawr, F (2nd)	2005	Leah Horton, Johns Hopkins, M (2nd)
	Christyl Arrabal, Washington, F (2nd)		