



2009 All-Centennial Conference Women's Lacrosse

APRIL 23, 2009
563 College Avenue, B-101, Lancaster, PA 17603
Phone: (717) 358-4463 * Fax: (717) 358-4480
www.centennial.org/lax/women/index.html

<u>First Team</u>	<u>Class</u>	<u>Hometown / High School</u>
A-Brittany Baer, McDaniel #.....	Jr	Westminster, MD / Westminster
A-Nina Emala, Gettysburg.....	Jr	Baltimore, MD / Bryn Mawr
A-Jen Pritchard, Franklin & Marshall +.....	Sr	Media, PA / Penncrest
M-Shannon Summers, Franklin & Marshall #.....	Sr	North Wales, PA / Hill School
M-Hollis Stahl, Gettysburg #.....	Jr	Hightstown, NJ / Peddie School
M-Sarah Meisenberg, Franklin & Marshall (A) +.....	Sr	Severna Park, MD / Severn School
M-Brittany Lambert, Washington #.....	Sr	Riva, MD / South River
D-Michelle Fluty, McDaniel (A).....	Sr	Huntingtown, MD / Calvert
D-Ana Sokol, Dickinson (A) *.....	Sr	Colts Neck, NJ / Peddie School
D-Nicole Ditillo, Gettysburg (A).....	Jr	Baldwin, MD / Fallston
D-Melissa Grigsby, Swarthmore #.....	Sr	West Chester, PA / West Chester East
GK-Lidia Sanza, Franklin & Marshall #.....	Jr	Cockeysville, MD / St. Paul's School
<u>Second Team</u>	<u>Class</u>	<u>Hometown / High School</u>
A-Blake Hargest, Franklin & Marshall #.....	Jr	Cockeysville, MD / St. Paul's School
A-Amy Jennings, Dickinson *.....	Sr	Baltimore, MD / McDonogh School
A-Sara Hiller, Muhlenberg.....	Sr	Wantagh, NY / Wantagh
A-Josie Ferri, Haverford.....	Fr	Yardley, PA / Pennsbury
M-Ruth Morrongiello, Muhlenberg %.....	Sr	Lloyd Harbor, NY / Cold Spring Harbor
M-Sunnie Ko, Dickinson.....	So	Springfield, VA / West Springfield
M-Elizabeth Cannon, Ursinus (A) %.....	Jr	Garrison, NY / James I. O'Neill
M-Amanda McGovern, Muhlenberg #.....	Jr	Glen Ridge, NJ / Glen Ridge
D-Becky Lutz, Gettysburg.....	So	Madison, CT / Daniel Hand
D-Sarah Brant, Ursinus %.....	Jr	Collegeville, PA / Hill School
D-Devi Hensch, Franklin & Marshall.....	Sr	Bordentown, NJ / Northern Burlington Regional
GK-Kristen Krammer, Gettysburg %.....	Jr	Woodbine, MD / Glenelg
<u>Honorable Mention</u>	<u>Class</u>	<u>Hometown / High School</u>
A-Lexie Kob, Dickinson (A).....	Jr	Collegeville, PA / Spring-Ford
A-Lindsey McDonald, McDaniel.....	Sr	Germantown, MD / Damascus
A-Suzie Jakub, Washington %.....	Sr	University Park, MD / St. John's College, DC
M-Ashley Bevington, Franklin & Marshall (A) *.....	Sr	Schwenksville, PA / Hill School
M-Alysa Crellin, Dickinson *.....	Jr	Little Compton, RI / Portsmouth Abbey
M-Jess Crane, Gettysburg.....	Jr	Sudbury, MA / Lincoln-Sudbury
M-Elizabeth Koelmel, Haverford (A).....	Sr	Hamburg, NY / Nichols School
D-Paulette Cutruzzula, Franklin & Marshall.....	Jr	Pittsburgh, PA / The Ellis School
GK-Leanne Hollinger, McDaniel.....	Jr	Westminster, MD / Winters Mill

- + 1st team All-Centennial in 2007 and 2008
- * 1st team All-Centennial in 2008
- # 2nd team All-Centennial in 2008
- % Honorable Mention All-Centennial in 2008
- (A) Named to Academic Honor Roll in 2009

Player of the Year – Hollis Stahl, Gettysburg, Jr., Midfield
Coach of the Year – Julie Shaner Young, Haverford

Notes

- Stahl is the fourth consecutive and seventh Gettysburg player overall to receive Player of the Year honors.
- Pritchard and Meisenberg are the 12th and 13th players in Conference history to earn first-team All-Centennial three times.
- Summers and Baer were unanimous first-team selections.
- Gettysburg (40) and Franklin & Marshall (39) lead the Conference in first-team All-Centennial selections over the last 16 years, followed by Ursinus (27), Johns Hopkins (20), Swarthmore (20), Washington (11), Dickinson (10), Haverford (10), McDaniel (10), Muhlenberg (5) and Bryn Mawr (1).
- Eight students were also named to the Conference Academic Honor Roll, which recognizes sophomores, junior and seniors who are key performers and have a 3.40 cumulative grade point average or higher.

Centennial Conference Players of the Year

1994: Rebecca Savage, Johns Hopkins, Sr., A
1995: Julie Noyes, Swarthmore, Sr., A
1996: Francine Brennan, Johns Hopkins, Sr., A
1997: Mary Ann McGuire, Johns Hopkins, Sr., D
1998: Antia Patibandla, Johns Hopkins, Sr., GK
1999: Sarah Reigner, Franklin & Marshall, Sr., A
2000: Lindsey Carey, Haverford, Sr., A
2001: Jessica Seedorf, Gettysburg, Sr., M
2002: Erin Fitzgerald, Ursinus, Sr., M
2003: Megan Murphy, Gettysburg, Sr., A
2004: Julika Blankenship, Gettysburg, Sr., A
2005: Alexis O'Meara, Franklin & Marshall, Sr., A
2006: Katie Ceglarski, Gettysburg, So., M
2007: Katie Hagan, Gettysburg, Sr., M
2008: Katie Ceglarski, Gettysburg, Sr., M
2009: Hollis Stahl, Gettysburg, Jr., M

Three-Time First-Team All-Centennial Selections (13)

Tami Videon, Franklin & Marshall, A, 1994-95-96
Jenn Ward, Johns Hopkins, A, 1994-95-96
Lindsey Carey, Haverford, A, 1998-99-00
Kristen English, Swarthmore, D, 1999-00-01
Lauren Paul, Franklin & Marshall, A, 2001-02-03
Betty Weller, Washington, M, 2001-02-03
Alexis O'Meara, Franklin & Marshall, A, 2002-04-05
Holly Rutherford, Franklin & Marshall, D, 2004-05-06
Kelly Cassels, Franklin & Marshall, A, 2005-06-07
Katie Ceglarski, Gettysburg, M, 2006-07-08
Allyson Shicora, Ursinus, GK, 2006-07-08
Sarah Meisenberg, Franklin & Marshall, M, 2007-08-09
Jen Pritchard, Franklin & Marshall, A, 2007-08-09

All-Conference Freshmen - 1st or 2nd Team (9)

Lia Ernst, Swarthmore, 1994, D (2nd)
Anita Patibandla, Johns Hopkins, 1995, GK (1st)
Danielle Maschuci, Johns Hopkins, 1997, A (2nd)
Janet Studdiford, Washington, 2001, A (2nd)
Alexis O'Meara, Franklin & Marshall, 2002, A (1st)
Diana Bleakley, Muhlenberg, 2002, GK (2nd)
Kelly Cassels, Franklin & Marshall, 2004, M (2nd)
Jen Pritchard, Franklin & Marshall, 2006, A (2nd)
Lidia Sanza, Franklin & Marshall, 2007, GK (2nd)

Centennial Conference Champions

1994: Johns Hopkins
1995: Johns Hopkins
1996: Ursinus
1997: Johns Hopkins
1998: Johns Hopkins
1999: Ursinus
2000: Gettysburg
2001: Ursinus
2002: Gettysburg
2003: Gettysburg
2004: Gettysburg
2005: Gettysburg
2006: Gettysburg
2007: Franklin & Marshall
2008: Franklin & Marshall