



# 2009 All-Centennial Sportsmanship Team

NOVEMBER 17, 2009  
 563 College Avenue, B-101, Lancaster, PA 17603  
 Phone: (717) 358-4463 \* Fax: (717) 358-4480

## Men's Cross Country

<u>Name</u>	<u>Class</u>	<u>Hometown / High School</u>
Andy Gregor, Dickinson.....	Sr	Pittsburgh, PA / Quaker Valley
Andrew Askins, Gettysburg.....	Sr	Bangor, ME / John Bapst Memorial
Elias Tousley, Haverford.....	Jr	Kensington, MD / Bethesda-Chevy Chase
Andrew Van Buren, Swarthmore.....	Sr	Hudson, OH / Western Reserve Academy
Sam Stortz, Ursinus.....	Fr	Dresher, PA / Upper Dublin

## Women's Cross Country

<u>Name</u>	<u>Class</u>	<u>Hometown / High School</u>
Jessica Varney, Bryn Mawr.....	Sr	Milan, MI / Milan
Mary Hamilton, Dickinson.....	Sr	Pittsburgh, PA / Oakland Catholic
Sarah Fritz, Gettysburg.....	Sr	Ledyard, CT / Ledyard
Alice Vienneau, Haverford.....	So	Swarthmore, PA / Strath Haven
Lauren DeLuca, Swarthmore.....	Sr	Audubon, PA / Kennedy-Kenrick
Deb Yanessa, Ursinus.....	Jr	Haddonfield, NJ / Paul VI

## Field Hockey

<u>Pos / Name</u>	<u>Class</u>	<u>Hometown / High School</u>
Caroline Heffernan, Bryn Mawr.....	Sr	Pittsburgh, PA / Fox Chapel
Stolle Singleton, Franklin & Marshall.....	Sr	Franklin, MA / The Rivers School
Annie Marosits, Gettysburg.....	Jr	Mountain Lakes, NJ / Mountain Lakes
Bridget Gibbons, Haverford.....	Fr	Lancaster, PA / Lancaster Catholic
Kelly Kimmerling, Johns Hopkins.....	Sr	Blythewood, SC / Pioneer, MI
Kristen Sabia, Muhlenberg.....	Sr	Wind Gap, PA / Pen Argyl
Joslyn Young, Swarthmore.....	Sr	Ann Arbor, MI / Community
Jessica Zatwarnicki, Ursinus.....	Sr	Reading, PA / Exeter
Kristin Bircsak, Washington.....	Sr	East Windsor, NJ / Hightstown

## Football

<u>Pos / Name</u>	<u>Class</u>	<u>Hometown / High School</u>
Joe Sandoe, Dickinson.....	Sr	Myerstown, PA / Elco
George Eager, Franklin & Marshall.....	Sr	Lititz, PA / Manheim Township
Ricky Manigat, Gettysburg.....	Sr	Baldwin, NY / Baldwin
Tim Miller, Johns Hopkins.....	Sr	Ronkonkoma, NY / Sachem East
Alex Snyder, Juniata.....	Sr	Boalsburg, PA / State College
Joe Lapkowicz, McDaniel.....	Sr	Harrisburg, PA / Susquehanna Twp.
Ryan Rempe, Moravian.....	Sr	Dickson City, PA / Mid-Valley
J.J. Contessa, Muhlenberg.....	Sr	Redding, CT / Joel Barlow
Chas Cathers, Ursinus.....	Sr	Fountainville, PA / Central Bucks West

## Men's Soccer

<u>Pos / Name</u>	<u>Class</u>	<u>Hometown / High School</u>
Charlie Welch, Franklin & Marshall.....	Jr	Yardley, PA / Pennsbury
Chris Brown, Gettysburg.....	Sr	Far Hills, NJ / Ridge
Steve Griffith, Haverford.....	So	Waterbury, VT / Harwood Union
Evan Giles, Johns Hopkins.....	Sr	Ponte Vedra Beach, FL / Episcopal
Micah Rose, Swarthmore.....	So	Williston, VT / Champlain Valley Union
Danny Wood, Washington.....	Jr	Lancaster, PA / Lampeter-Strasburg

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**Women's Soccer**

<b>Pos / Name</b>	<b>Class</b>	<b>Hometown / High School</b>
Emily Levine, Bryn Mawr .....	So	Easton, CT / Hopkins School
Sarah Montminy, Dickinson .....	So	Centre Hall, PA / Penns Valley
Maura Schiefer, Haverford .....	Jr	Cold Spring Harbor, NY / Cold Spring Harbor
Erin Stafford, Johns Hopkins.....	Jr	Doylestown, PA / Villa Joseph Marie
Monica Cody, Swarthmore .....	Sr	Torrance, CA / Marymount
Lauren Myers, Ursinus .....	Sr	Sewell, NJ / Washington Twp.
Corinne Welker, Washington .....	So	Annapolis, MD / Annapolis

**Volleyball**

<b>Pos / Name</b>	<b>Class</b>	<b>Hometown / High School</b>
Katie Solook, Bryn Mawr.....	Sr	Lebanon, NJ / North Hunterdon
Alicia Palmieri, Dickinson.....	So	Linden, NJ / Union Catholic
Mariah Eble, Franklin & Marshall.....	So	Mt. Kisco, NY / Fox Lane
Stephanie Rickabaugh, Gettysburg.....	Sr	West Chester, PA / Henderson
Jenine Abbassi, Haverford.....	So	Brooklyn, NY / Brooklyn Friends
Kristen Nuckles, McDaniel.....	Jr	Suffolk, VA / Nansemond-Suffolk Academy
Christina Cangelosi, Muhlenberg .....	Sr	Bethlehem, PA / Notre Dame
Sarah Lambert, Swarthmore .....	Jr	Beaver Falls, PA / Blackhawk
Elizabeth Ross, Ursinus .....	So	York, PA / Dallastown
Jenny Lee, Washington.....	Fr	Wilmington, DE / Mount Pleasant