



Volleyball 2009

RELEASE #1

September 8, 2009

Centennial Head Coaches

Bryn Mawr.....Joan Braid
 Dickinson.....Carli Lehr
 Franklin & Marshall.....Mary Kate Boland
 Gettysburg.....Alexa Keckler
 Haverford.....Amy Bergin
 Johns Hopkins.....Greg Giovanazzi
 McDaniel.....Carole Molloy
 Muhlenberg.....Jenny Chipman
 Swarthmore.....Harleigh Chwastyk
 Ursinus.....Diana McNamee
 Washington.....Loutie Richardson

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Previous Champions

1993: Franklin & Marshall
 1994: F&M, Gettysburg, McDaniel
 1995: Gettysburg
 1996: Gettysburg
 1997: Gettysburg
 1998: Gettysburg
 1999: F&M, Gettysburg, McDaniel
 2000: Franklin & Marshall
 2001: Gettysburg
 2002: Gettysburg
 2003: Gettysburg
 2004: Gettysburg
 2005: Gettysburg
 2006: Haverford
 2007: Haverford
 2008: Haverford

STANDINGS	Conference			All Matches						
	W-L	SF	SA	W-L	Pct	SF	SA	Hm	Rd	Neu
Gettysburg.....	0-0	0	0	6-0	1.000	18	3	6-0	0-0	0-0
Haverford.....	0-0	0	0	5-0	1.000	15	2	5-0	0-0	0-0
Washington.....	0-0	0	0	5-0	1.000	15	2	1-0	0-0	4-0
Johns Hopkins.....	0-0	0	0	3-0	1.000	9	2	3-0	0-0	0-0
Franklin & Marshall.....	0-0	0	0	4-1	.800	14	4	0-0	1-1	3-0
Swarthmore.....	0-0	0	0	3-2	.600	10	7	0-1	1-0	2-1
Ursinus.....	0-0	0	0	2-2	.500	8	8	0-0	0-1	2-1
Bryn Mawr.....	0-0	0	0	2-3	.400	9	9	0-1	0-2	2-0
McDaniel.....	0-0	0	0	1-2	.333	5	6	1-0	0-1	0-1
Muhlenberg.....	0-0	0	0	1-3	.250	6	9	0-0	1-1	0-2
Dickinson.....	0-0	0	0	0-4	.000	1	12	0-0	0-1	0-3

PLAYER OF THE WEEK

Rebecca Salvo, Haverford (Sr, OH, La Canada, CA / Flintridge Sacred Heart)
 Salvo picked up where she left off last season, averaging 4.06 kills per set and hitting .436 in a 5-0 week. She amassed 69 kills and 61 digs (3.59) as the Fords went undefeated (4-0) at the Haverford Invitational. Salvo had 23 kills, 15 digs and a .550 attack percentage in the win vs. St. Mary's.

CENTENNIAL NOTEBOOK

Haverford's **Rachel Salvo (La Canada, CA / Flintridge Sacred Heart)** was named the Most Valuable Player of the Haverford Volleyball Invitational as the 24th ranked Fords went 4-0. It was the second straight year that Salvo was named MVP of the tourney. Joining her on the All-Invitational team were teammates **Rebecca Salvo (La Canada, CA / Flintridge Sacred Heart)** and **Kate Comey (McLean, VA / McLean)**.

Gettysburg ended Salisbury's 35-match regular-season win streak with a 3-1 victory against the Sea Gulls at the Battlefield Classic. **Kristina Mercier (Baltimore, MD / Mount de Sales Academy)** and **Kate Yoder (Emmaus, PA / Emmaus)** were named to the All-Classic team.

Washington is 5-0 for the first time since 2004. **Caitlin Ward (Wantagh, NY / Holy Trinity)** was named to the All-Classic team at Gettysburg.

Franklin & Marshall registered its first Invitational win since 2007, capturing the Moravian Premiere tournament. **Pam Horner (Springfield, VA / Robert E. Lee)** and **Nicole Morano (Tenafly, NJ / Tenafly)** were named to the All-Tournament team.

Also named to the All-Tournament team at Moravian were Swarthmore's **Kathryn Montemurro (Bogota, NJ / Bergen County Academics)** and **Genny Pezzola (Oakland, CA / St. Mary's College)**, along with Ursinus' **Elizabeth Roth (York, PA / Dallastown)**.

Johns Hopkins also captured its Invitational crown with three victories. **Allison Cappelaere (Ellicott City, MD / Centennial)** was named the MVP while teammate **Alex Zenoff (San Francisco, CA / San Francisco University)** was also named to the All-Tournament team.

2009 Centennial Conference Volleyball Schedules
 (#) AVCA national ranking. (F) Family Weekend. (H) Homecoming.

Bryn Mawr (2-3)

S1	at Cabrini.....L	0-3
S3	DELAWARE VALLEY.....L	2-3
S5	at Rowan.....L	1-3
	SUNY Purchase.....W	3-0
	Kean.....W	3-0
S9	at PSU-Berks.....	7:00
S12	IMMACULATA.....	11:00
	MISERICORDIA.....	3:00
S15	GETTYSBURG *.....	7:00
S19	at Wesley.....	11:00
	Bryn Athyn.....	1:00
S24	SWARTHMORE *.....	7:00
S29	at Ursinus *.....	7:00
O1	McDANIEL *.....	7:00
O3	at Gwynedd-Mercy.....	11:00
O5	FRANKLIN & MARSHALL *.....	7:00
O10	Mount Holyoke.....	2:00
	Wellesley.....	4:00
O11	Seven Sisters Tournament.....	
O17	at Dickinson *.....	1:00
O22	MUHLENBERG *.....	7:00
O24	at Johns Hopkins *.....	1:00
O26	HAVERFORD *.....	7:00
O28	at Washington *.....	7:00

Dickinson (0-4)

S4	at Juniata (#2).....L	1-3
	Hiram.....L	0-3
S5	Ithaca.....L	0-3
	Eastern.....L	0-3
S9	at Lebanon Valley.....	7:00
S11	MARY BALDWIN.....	7:00
S12	SWEET BRIAR.....	3:00
S18	at Pomona-Pitzer.....	4:00
S19	at Chapman.....	12:00
S26	URSINUS *.....	11:00
S30	at Johns Hopkins *.....	7:00
O3	at Muhlenberg *.....	3:00
O10	at Swarthmore *.....	12:00
O14	McDANIEL *.....	7:00
O17	BRYN MAWR *.....	1:00
O21	FRANKLIN & MARSHALL *.....	7:00
O24	at Haverford *.....	12:00
O28	at Gettysburg *.....	7:00
O31	WASHINGTON *.....	1:00

Franklin & Marshall (4-1)

S2	at Elizabethtown.....L	2-3
S4	Centenary.....W	3-0
	Alvernia.....W	3-0
S5	at Moravian.....W	3-1
	Swarthmore.....W	3-0
S9	WASHINGTON *.....	7:30
S12	PSU-Abington.....	10:00
	at Richard Stockton.....	12:30
	Gwynedd-Mercy.....	2:30
S19	URSINUS *.....	11:00
	SCRANTON.....	3:00
S23	at McDaniel *.....	7:00
S25	St. Mary's.....	6:00
	at Susquehanna.....	8:00
S26	Wilkes.....	1:00
	FDU-Florham.....	3:00
S30	at Gettysburg *.....	7:00
O2	LEBANON VALLEY.....	7:00
O3	STEVENSON (F).....	11:00
	CABRINI.....	1:00
O5	at Bryn Mawr *.....	7:00
O7	HAVERFORD *.....	7:00
O10	Widener.....	12:00
	at DeSales.....	2:00
O14	JOHNS HOPKINS *.....	7:00
O21	at Dickinson *.....	7:00
O24	MUHLENBERG (H) *.....	11:00
O31	at Swarthmore *.....	1:00

Gettysburg (6-0)

S1	LANCASTER BIBLE.....W	3-0
S2	HOOD.....W	3-0
S4	PSU-BEHREND.....W	3-0
	GENEVA.....W	3-1
S5	SALISBURY.....W	3-1
	CARNEGIE MELLON.....W	3-1
S11	ELIZABETHTOWN.....	3:00
	MARY WASHINGTON.....	7:00
S12	BRIDGEWATER.....	12:00
	FROSTBURG STATE.....	2:00
S15	at Bryn Mawr *.....	7:00
S18	at Christopher Newport.....	7:00
S19	at Washington & Lee.....	1:00
	Virginia Wesleyan.....	3:00
S26	HAVERFORD *.....	11:00
	SCRANTON.....	3:00
S30	FRANKLIN & MARSHALL *.....	7:00
O3	at Ursinus *.....	1:00
O10	at Johns Hopkins *.....	1:00
O14	SUSQUEHANNA.....	7:00
O17	WASHINGTON (H) *.....	1:00
O21	at McDaniel *.....	7:00
O24	SWARTHMORE (F) *.....	1:00
O28	DICKINSON *.....	7:00
O31	at Muhlenberg *.....	1:00

Haverford (5-0)

S1	NEUMANN.....W	3-0
S4	ST. MARY'S.....W	3-1
	FROSTBURG STATE.....W	3-0
S5	STEVENS.....W	3-1
	SUSQUEHANNA.....W	3-0
S11	Moravian.....	4:00
	DeSales.....	7:00
S12	MIT.....	10:00
	at Muhlenberg Buttermaker Tourney.....	2/4:00
S18	Baldwin-Wallace.....	6:00
	at Salisbury.....	8:00
S19	Richard Stockton.....	10:00
	Allegheny.....	2:00
S22	URSINUS *.....	7:00
S23	at Juniata.....	7:00
S26	at Gettysburg *.....	11:00
	Scranton.....	1:00
S30	MUHLENBERG *.....	7:00
O3	JOHNS HOPKINS *.....	12:00
	EASTERN.....	4:30
O7	at Franklin & Marshall *.....	7:00
O16	at Cal Lutheran.....	6:00
O17	at Cal Lutheran Tournament.....	
O21	at Washington *.....	7:00
O24	DICKINSON *.....	12:00
	ELIZABETHTOWN.....	4:00
O26	at Bryn Mawr *.....	7:00
O28	SWARTHMORE *.....	7:00
O31	at McDaniel *.....	1:00

Johns Hopkins (3-0)

S4	DeSALES.....W	3-0
S5	GOUCHER.....W	3-1
	EDGEWOOD.....W	3-1
S11	at Wellesley.....	
S12	Amherst.....	
	Wesleyan.....	2:00
S15	at Hood.....	7:00
S18	at SUNY New Paltz.....	6:00
S19	Rutgers-Newark.....	12:00
S23	STEVENSON.....	7:00
S25	at Salisbury Invitational.....	
S26	Goucher.....	10:00
S30	DICKINSON *.....	7:00
O3	at Haverford *.....	12:00
	Eastern.....	3:00
O6	at Washington *.....	7:00
O8	at Swarthmore *.....	7:00
O10	GETTYSBURG *.....	1:00
O14	at Franklin & Marshall *.....	7:00
O17	MUHLBERG *.....	1:00

O24	BRYN MAWR *.....	1:00
O28	McDANIEL *.....	7:00
O31	at Ursinus *.....	1:00

McDaniel (1-2)

S3	STEVENSON.....W	3-0
S5	York.....L	1-3
	at Elizabethtown.....L	1-3
S8	at Goucher.....	7:00
S12	at SUNY Old Westbury Tournament.....	12:00
S13	at SUNY Old Westbury Tournament.....	10:00
S16	FROSTBURG.....	7:00
S19	at Muhlenberg *.....	12:00
	Wilkes.....	2:30
S23	FRANKLIN & MARSHALL *.....	7:00
S25	at York Tournament.....	3:00
S26	at York Tournament.....	10:00
O1	at Bryn Mawr *.....	7:00
O3	SWARTHMORE *.....	1:00
O9	at Gallaudet Tournament.....	1:00
O10	at Gallaudet Tournament.....	9:00
O14	at Dickinson *.....	7:00
O17	at Ursinus *.....	1:00
O21	GETTYSBURG *.....	7:00
O24	at Washington *.....	12:00
	Lancaster Bible.....	2:30
O28	at Johns Hopkins *.....	7:00
O31	HAVERFORD (F) *.....	1:00

Muhlenberg (1-3)

S1	at DeSales.....L	0-3
S5	at Gordon.....W	3-0
	Wheaton.....L	2-3
	Endicott.....L	1-3
S8	ELIZABETHTOWN.....	7:00
S11	FDU-FLORHAM.....	5:00
	NEUMANN.....	9:00
S12	YORK.....	12:00
	BUTTERMAKER TOURNAMENT.....	2/4:00
S19	McDANIEL *.....	12:00
	WILKES.....	4:00
S25	at Houston-Tillotson.....	4:00
S28	at St. Edward's (Texas).....	7:00
S30	at Haverford *.....	7:00
O3	DICKINSON (H) *.....	12:00
O7	MORAVIAN.....	7:00
O10	at Washington *.....	1:00
O13	SWARTHMORE *.....	7:00
O17	at Johns Hopkins *.....	1:00
O20	SUSQUEHANNA.....	7:00
O22	at Bryn Mawr *.....	7:00
O24	at Franklin & Marshall *.....	1:00
O28	URSINUS *.....	7:00
O31	GETTYSBURG *.....	12:00

Centennial Conference Women's Volleyball Statistics

HITTING PERCENTAGE					
	G	Kills	Errs	Total	Pct
1. Haverford.....	17	247	74	570	.304
2. Gettysburg.....	21	238	77	620	.260
3. Washington.....	17	171	65	477	.222
4. Franklin & Marshall..	18	216	85	605	.217
5. Johns Hopkins.....	11	133	53	393	.204
6. Ursinus.....	16	125	54	419	.169
7. Swarthmore.....	18	261	149	775	.145
8. Muhlenberg.....	15	138	83	527	.104
9. Bryn Mawr.....	18	150	95	595	.092
10. McDaniel.....	11	91	65	389	.067
11. Dickinson.....	13	82	63	352	.054

ASSISTS			
	G	No.	Avg/G
1. Haverford.....	17	231	13.59
2. Swarthmore.....	18	232	12.89
3. Franklin & Marshall..	18	200	11.11
4. Gettysburg.....	21	214	10.19
5. Johns Hopkins.....	11	109	9.91
6. Washington.....	17	158	9.29
7. Muhlenberg.....	15	135	9.00
8. McDaniel.....	11	81	7.36
9. Bryn Mawr.....	18	128	7.11
10. Ursinus.....	16	111	6.94
11. Dickinson.....	13	79	6.08

KILLS			
	G	No.	Avg/G
1. Haverford.....	17	247	14.53
2. Swarthmore.....	18	261	14.50
3. Johns Hopkins.....	11	133	12.09
4. Franklin & Marshall..	18	216	12.00
5. Gettysburg.....	21	238	11.33
6. Washington.....	17	171	10.06
7. Muhlenberg.....	15	138	9.20
8. Bryn Mawr.....	18	150	8.33
9. McDaniel.....	11	91	8.27
10. Ursinus.....	16	125	7.81
11. Dickinson.....	13	82	6.31

BLOCKS					
	G	Solo	Asst	Total	Avg/G
1. Franklin & Marshall..	18	17	68	51.0	2.83
2. McDaniel.....	11	11	22	22.0	2.00
3. Gettysburg.....	21	16	36	34.0	1.62
4. Ursinus.....	16	14	20	24.0	1.50
5. Swarthmore.....	18	12	22	23.0	1.28
6. Dickinson.....	13	6	21	16.5	1.27
7. Washington.....	17	4	32	20.0	1.18
8. Johns Hopkins.....	11	2	20	12.0	1.09
9. Muhlenberg.....	15	7	16	15.0	1.00
10. Bryn Mawr.....	18	12	8	16.0	0.89
11. Haverford.....	17	4	22	15.0	0.88

SERVICE ACES			
	G	No.	Avg/G
1. Swarthmore.....	18	95	5.28
2. Washington.....	17	73	4.29
3. Franklin & Marshall..	18	61	3.39
4. Bryn Mawr.....	18	58	3.22
5. Haverford.....	17	38	2.24
6. Gettysburg.....	21	46	2.19
7. Muhlenberg.....	15	30	2.00
8. McDaniel.....	11	21	1.91
9. Johns Hopkins.....	11	15	1.36
10. Ursinus.....	16	21	1.31
11. Dickinson.....	13	13	1.00

DIGS			
	G	No.	Avg/G
1. Swarthmore.....	18	352	19.56
2. Bryn Mawr.....	18	348	19.33
3. Muhlenberg.....	15	258	17.20
4. Haverford.....	17	277	16.29
5. Johns Hopkins.....	11	179	16.27
6. Gettysburg.....	21	335	15.95
7. McDaniel.....	11	152	13.82
8. Franklin & Marshall..	18	218	12.11
9. Washington.....	17	180	10.59
10. Ursinus.....	16	164	10.25
11. Dickinson.....	13	124	9.54

HITTING PERCENTAGE (Minimum .200/3.0 attacks per game)							
Player	Team	Cl	G	Kills	Errs	Total	Pct
1. Rebecca Salvo.....	HAV	SR	17	69	11	133	.436
2. Nicole Morano.....	F&M	JR	16	45	6	90	.433
3. Melissa Cole.....	JHU	SO	11	16	1	43	.349
4. Kate Yoder.....	GC	JR	21	51	13	109	.349
5. Jenine Abbassi.....	HAV	SO	17	26	7	56	.339
6. Kristin Hanratty....	UC	FR	16	18	2	48	.333
7. Lauren Feeny.....	WC	SO	16	46	9	113	.327
8. Alex Zenoff.....	JHU	SR	11	27	7	63	.317
9. Jenny Lee.....	WC	FR	16	21	6	49	.306
10. Kristina Mercier....	GC	SR	21	52	12	133	.301

KILLS (Minimum 2.00 per game)						
Player	Team	Cl	G	No.	Avg/G	
1. Rebecca Salvo.....	HAV	SR	17	69	4.06	
2. Allison Cappelaere..	JHU	SR	11	38	3.45	
3. Rachel Salvo.....	HAV	SR	17	58	3.41	
4. Genny Pezzola.....	SWAT	SO	18	56	3.11	
5. Lauren Feeny.....	WC	SO	16	46	2.88	
6. Nicole Morano.....	F&M	JR	16	45	2.81	
7. Kelsey Cantwell....	HAV	JR	17	45	2.65	
8. Mikecia Witherspoon.	BMC	SO	18	47	2.61	
9. Phylcia Lee.....	MUHL	SR	15	39	2.60	
10. Mary Kate Wilmoth...	UC	JR	16	41	2.56	

ASSISTS (Minimum 5.00 per game)						
Player	Team	Cl	G	No.	Avg/G	
1. Kate Comey.....	HAV	SO	17	203	11.94	
2. Amanda Krampf.....	GC	SR	21	178	8.48	
3. Caitlin Ward.....	WC	SR	17	144	8.47	
4. Pam Horner.....	F&M	JR	16	123	7.69	
5. Bryn Baker.....	MUHL	FR	15	108	7.20	
6. Elizabeth Roth.....	UC	SO	16	101	6.31	
7. Becky Paynter.....	JHU	FR	11	66	6.00	
8. Kristen Nuckles.....	MCD	JR	11	61	5.55	
9. Kearney Bangs.....	SWAT	SR	18	98	5.44	
10. Chelsea Winkert....	DC	SR	13	70	5.38	

SERVICE ACES (Minimum 0.10 per game)						
Player	Team	Cl	G	No.	Avg/G	
1. Hillary Santana.....	SWAT	SO	18	26	1.44	
2. Samantha Abbott.....	BMC	FR	18	21	1.17	
3. Kelsey Cantwell....	HAV	JR	17	18	1.06	
4. Anne McShea.....	MCD	FR	11	10	0.91	
5. Allison Coleman.....	SWAT	FR	18	16	0.89	
6. Kaitlin Rowan.....	WC	FR	15	13	0.87	
7. Jian Lipowcan.....	F&M	FR	15	11	0.73	
8. Alyssa Forget.....	WC	SO	14	10	0.71	
9. Katy May.....	F&M	SO	16	11	0.69	
10. Kelli Canada.....	WC	SR	17	11	0.65	
Caitlin Ward.....	WC	SR	17	11	0.65	

BLOCKS (Minimum 0.50 per game)							
Player	Team	Cl	G	Solo	Asst	Total	Avg/G
1. Nicole Morano.....	F&M	JR	16	6	20	26.0	1.62
2. Taylor Herrgott....	MCD	SR	11	8	4	12.0	1.09
3. Jessy Cooper.....	DC	FR	10	2	7	9.0	0.90
4. Kayla McLeod.....	UC	FR	16	7	6	13.0	0.81
5. Liz Norris.....	DC	SO	11	2	6	8.0	0.73
6. Pam Horner.....	F&M	JR	16	2	9	11.0	0.69
7. Nicole Burns.....	GC	JR	21	3	11	14.0	0.67
8. Kate Flewelling....	JHU	FR	11	2	5	7.0	0.64
Sara Hanlon.....	MCD	SR	11	1	6	7.0	0.64
10. Sarah Feicht.....	JHU	SO	8	0	5	5.0	0.62

DIGS (Minimum 1.00 per game)						
Player	Team	Cl	G	No.	Avg/G	
1. Christina Cangelosi.	MUHL	SR	15	95	6.33	
2. Genny Pezzola.....	SWAT	SO	18	82	4.56	
3. Katie Solook.....	BMC	SR	18	81	4.50	
4. Kristin Kotewicz....	GC	SR	20	79	3.95	
5. Lisa Shang.....	SWAT	SO	18	68	3.78	
6. Samantha Abbott.....	BMC	FR	18	65	3.61	
7. Rebecca Salvo.....	HAV	SR	17	61	3.59	
8. Brittany Williams...	MUHL	SR	14	50	3.57	
9. Jennifer Fargo.....	UC	SR	16	56	3.50	
10. Kaitlin Rowan.....	WC	FR	15	51	3.40	